

National Association of Adult Survivors of Child Abuse www.NAASCA.org

Note: Please send corrections, additions and updates to: maudnmildred@hotmail.com

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
NORTH CAROLINA			
National Helpline	Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.	Childhelp Prevention and Treatment of Child Abuse	www.childhelp.org info@childhelp.org Email support form on the website
Statewide	DV Hotline 1-800-799-7233 TTY Hotline 1-800-787-3224	North Carolina Coalition Against Domestic Violence. 919-956-9124 Office	www.nccadv.org
Statewide	919-871-1015 Statewide info and resources regarding sexual assault. Please see our website for local agencies.	North Carolina Coalition Against Sexual Assault 811 Spring Forest Road Suite 900 Raleigh NC 27609 919-871-1015 Information North Carolina Coalition Against Sexual Assault Facebook NC Coalition Against Sexual Assault (nccasa.org)	info@nccasa.org
Western NC	Recovery Group Meets second Monday of each month at 4pm. We go for waterfall walks, journal together and talk. For further information and our location write to Kiesa Kay at kiesakay@gmail.com This group is confidential.	Recovery Group Western North Carolina	kiesakay@gmail.com
Ahoskie	Provides services for domestic violence and sexual abuse victims Emergency shelter Advocacy services Support groups available All services FREE of charge.	Roanoke - Chowan SAFE PO Box 98 Ahoskie NC 27910 252-332-1933 Office	
Archdale	Crisis Hotline 336-434-5579 TEXT Hotline 910-571-9745 Our mission is to serve people in	Family Crisis Center Archdale NC 27263	www.randolphfcc.org

crisis from domestic violence,
sexual assault and rape.
Emergency shelter
Court and legal advocacy
Community outreach program
Crisis/ therapeutic counseling
Support groups for domestic and
sexual violence.

336-781-0021 Office

Asheboro

Crisis Hotline 336-629-4159
TEXT Hotline 910-571-9745
Our mission is to serve people in
crisis from domestic violence,
sexual assault and rape.
Emergency shelter
Court and legal advocacy
Community outreach program
Crisis/ therapeutic counseling
Support groups for domestic and
sexual violence

Family Crisis Center
Asheboro
NC 27203
336-626-5040 Office

www.randolphfcc.org

Asheville

Male Survivor Support Group
Process support group for males
who are survivors of childhood
sexual abuse; Support, healing,
sharing, encouragement and
feedback. Meets Wednesdays
at 5.30 - 7 pm Group is FREE

Our Voice Support Groups
Asheville
NC 28801
828-252-0562 Office
www.facebook.com/OurVOICEnc/

www.ourvoicenc.org

Asheville

Hotline 828-254-0516
24 Hour crisis hotline
For victims of domestic violence
past or present
Emergency shelter
Community education
Individual and group counseling

Helpmate
PO Box 2263
Asheville
NC 28802
828-254-2968 Office

www.helpmateonline.org

**Asheville /
Buncombe**

Hotline 828-255-7576
Or Text VOICE to 85511
All client services are confidential
and available to men and women
aged 13+ years Education program
Individual or group counseling for
people who have experienced the
trauma of sexual violence.
Sex workers outreach program
Our Voice offers gender specific
support groups with the next set of
groups starting in the fall 2018.

Our Voice, Inc
35 Woodfin Street
Suite 1
Asheville
NC 28801
828-252-0562 Office

www.ourvoicenc.org
rvoice@ourvoicenc.org

Boone

Surviving to Thriving support group
This group is for female survivors
of sexual assault and childhood
sexual abuse. Members will talk
about their experiences in a
community of women who can
understand and will be supportive
A screening interview is required
Meets on Fridays 12.15 - 2.15pm
Group runs for a 10 week period
Call 828-449-8049 for group details

High Country Counseling
Po Box 622
Boone
NC 28607
828-449-8049 Office

info@highcountrycounseling.org

Boone	<p>Watauge Co 828-262-5035 Avery Co 828-504-0911 Confidential emergency shelter Medical and legal advocacy Education programs Short term crisis counseling Support group for domestic violence Therapeutic support group for survivors of sexual trauma Screening for both groups required Services available en Espanol.</p>	<p>Oasis Inc 225 Birch Street Suite 4 Boone NC 28607 828-264-1532 Office</p>	<p>www.oasisinc.org outreach@oasisinc.org</p>
Brevard	<p>Hotline 828-885-7233 24 Hour crisis hotline Emergency shelter Hospital support/ court advocacy FREE individual/group counseling Support groups for those impacted by domestic or sexual violence Contact 828-885-7233 for details www.facebook.com/SAFE-Inc-of-Transylvania-County-321929496728/</p>	<p>SAFE, inc of Transylvania Co. 50 E Appletree Street Brevard NC 28712 828-885-7233 Office / Hotline info@safebrevard.com</p>	
Burgaw	<p>Hotline 910-259-8989 24 Hour crisis hotline Emergency shelter Crisis response / intervention Education and outreach program Counseling services for men and women affected by domestic and sexual violence www.facebook.com/SafeHavenOfPender/</p>	<p>Safe Haven of Pender, Inc Burgaw NC 28425 910-259-2449 Office</p>	<p>www.safehavenofpender.com/</p>
Burlington	<p>Hotline 336-228-0360 Toll Free 24 Hour crisis hotline Crossroads provides victim advocacy to adults and children who are victims of sexual violence. The crisis line is answered by trained volunteers who will be supportive and guide you to the appropriate services.</p>	<p>Crossroads 1206 Vaughn road Burlington NC 27216 336-228-0813 Office</p>	<p>www.crossroadscares.org crossroads@crossroadscares.org</p>
Burlington	<p>Hotline 336-226-5985 En Espanol 336-264-2935 Emergency shelter Court advocacy Hispanic outreach Weekly support group Meets Wednesdays 5.30 - 7 pm Call 336-226-5982 for details</p>	<p>Family Abuse Services PO Box 2192 Burlington NC 27216 336-226-5982 Office</p>	<p>www.familyabuseservices.org gethelp@familyabuseservices.org</p>
Burnsville	<p>Hotline 828-628-0056 Crisis hotline Support and referral to appropriate services Hotline manned by Spanish speaking staff Asistencia disponible en Espanol</p>	<p>Family Violence Coalition of Yancey County PO Box 602 Burnsville NC 28714 828-682-0056 Office / Hotline Family Violence Coalition Facebook</p>	<p>fvcinfo@yahoo.com</p>
Carrboro	<p>Male Survivor Support Group A support group for males identified survivors of sexual assault and</p>	<p>OCRCC Support Group Chapel Hill 919-967-7273 Office</p>	<p>www.ocrcc.org/ OCRCC Facebook</p>

abuse. This is an opportunity to learn, share and gain support from others with similar experiences.
Intake interview required
Meets on a week night 7 - 9 pm
This is a FREE support group

groups@ocrcc.org

Carthage

Hotline 910-947-3333
24 Hour crisis hotline
We offer help to all persons affected by interpersonal violence
Emergency shelter
Court Advocacy /protective orders
Support groups for sexual violence
Support groups for physical, verbal emotional and psychological abuse
All our services are FREE of charge

Friend to Friend
PO Box 1508
Carthage
NC 28327
910-947-1703 Office
www.facebook.com/f2fmoorecounty/

Chapel Hill

Hotlines 919-929-7122
We hope to prevent and end family and relationship violence through direct services and community education.
Emergency shelter placement
Crisis counseling
Emergency 911 cell phones
Help with protective orders
Legal advocacy
Court accompaniment
Support groups for adults and for children who witness violence

Compass Center
207 Wilson Street
Chapel Hill
NC 27514
919-929-7122 Office / Hotline

www.compassctr.org/

Chapel Hill

Hotline 1-866-935-4783
TEXT Hotline 919-504-5211
We support and provide services for all forms of sexual violence past or present in English and Spanish
Age appropriate education program
Therapy referrals to providers who take insurance or reduced fees
Support groups meeting weekly for 8-12 weeks call 866-935-4783 for group details

Orange County Rape Crisis Ctn
PO Box 4722
Chapel Hill
NC 27515
919-968-4647 Office

www.ocrcc.org
info@ocrcc.org

Chapel Hill

Male Survivor Support Group
A support group for males identified survivors of sexual assault and abuse. This is an opportunity to learn, share and gain support from others with similar experiences.
Intake interview required
Meets Tuesdays 7 - 9 pm
This is a FREE support group

OCRCC
Chapel Hill
919-967-4647 Office

www.ocrcc.org
groups@ocrcc.org

Charlotte

Survivor to Thriver Group
This is a women only group for adult survivors of childhood sexual, emotional or physical abuse and childhood homes with chronic alcohol or other additions. The group is on going and offers a supportive and caring environment

Patricia Powell Hundley
Charlotte
NC 28209
704-362-2618 Office

www.fairviewpsych.com
fairviewpsych@msn.com

to those who understand as no one else can. Meets Thursdays at 6.15 - 7.30 pm Cost \$50 - \$60

Charlotte	<p>Men Survivors of Childhood Trauma Group This process group provides the opportunity to find a path of healing and recovery from the impact of childhood trauma. Working with other men who get where you are coming from is a powerful part of the element of healing. Meets every other Thursday at 4.30 - 6.30 pm. Cost \$70 + www.psychologytoday.com/us/therapists/robert-maccaughelty-charlotte-nc/33835</p>	<p>Dr Robert MacCaughelty Charlotte NC 28209 828-202-3101 Office</p>	
Charlotte	<p>24hr Hotline 980-771-4673 Crisis Hotline Emergency shelter Rape crisis services Medical and legal advocacy Trauma focused counseling FREE support groups for domestic violence and sexual assault. Check website for local groups.</p>	<p>Safe Alliance 601 East Fifth Street Suite 400 Charlotte NC 28202 704-332-9034 Office</p>	<p>www.safealliance.org info@safealliance.org</p>
Charlotte	<p>Healing Hearts Group Join together with other women in this biblically based, professionally led, confidential group for women to receive support to wrestle with the difficult realities of childhood harm. Meets Thursdays</p>	<p>Ms Tiffany Shores Charlotte NC 28211 704-209-7563 Office</p>	<p>tiffany@tshorescounseling.com</p>
Charlotte	<p>Crisis counseling Individual therapy Bi Monthly law clinic Support groups for victims of domestic violence</p>	<p>Women's Commission Mecklenburg County 700 North Tryon Street Charlotte NC 28202 704-336-3210 Office</p>	
Clinton	<p>Hotline 910-596-0931 Or 888-229-3320 Toll Free Providing advocacy on behalf of victims of domestic violence and sexual abuse in Sampson County and the surrounding area Emergency shelter Court advocacy Support groups available</p>	<p>U Care, Inc PO Box 761 Clinton NC 28329 910-596-0931 Office / Hotline</p>	<p>www.ucaredv.org ucare@intrstar.net</p>
Columbia	<p>Hotline 877-429-5526 24 Hour crisis hotline For support and referrals to appropriate services</p>	<p>Inner Banks Hotline PO Box 558 Columbia NC 27925 252-796-5526 Office</p>	<p>www.facebook.com/ibxhotline/</p>
Columbus	<p>Hotline 828-894-2340 Or 1-888-968-4283 Toll Free</p>	<p>Steps to Hope PO Box 518</p>	<p>www.stepstohope.org/steps@stepstohope.org</p>

Polk County's domestic violence
and sexual assault treatment center
Columbus
NC 28722
828-894-3702 Office
www.facebook.com/stepstohopepolk/

Concord Hotline 704-788-2826
24 Hour crisis hotline
Early on we learnt that violence
doesn't always end when women
leave. We provide on going support
Emergency shelter
Walk-in center
Peer counseling
Support groups for all stages of
domestic violence
CVAN
PO Box 1749
Concord
NC 28026
704-788-1108 Office
www.cvan.org
info@cvan.org

Concord 24 Hour Hotline 980-771-4673
Emergency shelter
Rape crisis services
Medical and legal advocacy
Trauma focused counseling
FREE support groups for domestic
violence and sexual assault.
Check website for local groups
Safe Alliance
952 Copperfield Blvd
Concord
NC 28025
704-332-9034 Main Office
www.safealliance.org
info@safealliance.org

Cornelius 24 Hour Hotline 980-771-4673
Emergency shelter
Rape crisis services
Medical and legal advocacy
Trauma focused counseling
FREE support groups for domestic
violence and sexual assault.
Check website for local groups
Safe Alliance
9624 Bailey Road
Suite 290
Cornelius
NC 28031
704-332-9034 Main Office
www.safealliance.org
info@safealliance.org

Danbury Stokes Crisis Line 336-593-9323
Surry Crisis Line 336-356-2014
Yadkin Crisis Line 336-679-2072
Our domestic violence and sexual
assault programs operate in the
Counties of Stokes, Surry & Yadkin.
Emergency shelter
Emergency transportation
advocacy and court accompaniment
Domestic Violence / Sexual
Assault Program
Danbury
NC 27016
336-367-7251 District Office
www.yveddi.com
www.yveddi.com/domestic-violence-programs/

Dobson Hotline 336-356-2014
24 Hour crisis hotline
Support and referrals to services
that will help
Surry County Domestic Violence
Dobson
NC 27017
336-356-2014 Office / Hotline
www.yveddi.com/domestic-violence-programs/

Durham Hotline 919-403-6562
919-519-3735 En Espanol
24 Hour crisis hotlines
Temporary Emergency shelter
Sexual assault services past or
present. Medical and legal advocacy
Education programs
Therapeutic counseling
FREE domestic violence support
groups one in English one in
Spanish
FREE adult survivors of childhood
Durham Crisis Response Ctn
206 N Dillard Street
Durham Crisis Response Ctn
NC 27701
919-403-9425 Office
www.durhamcrisisresponse.org
crisisline@durhamcrisisresponse.org

abuse support group.
FREE Male survivors of childhood
sexual abuse support group
Call 919-403-9425 for group details

Elizabeth City	Hotline 252-338-3011 24 Hour crisis hotline Hope house shelter Crisis response teams Referrals to appropriate services Prevention education Individual counseling Support groups for victims of sexual assault and domestic violence Call 252-338-5338 for group details All services are FREE of charge Serving Camden, Chowen, Gates Currituck, Pasquotank, Perquimans.	Albemarle Hopeline PO Box 2064 Elizabeth City NC 27906 252-3383107 Office	www.albemarlehopeline.org
Elizabethtown	Hotline 910-641-0444 24 Hour crisis Hotline Emergency shelter for victims of domestic violence and sexual asalt Court advocacy Individual counseling Support groups available	Families First, Inc PO Box 1335 Elizabethtown NC 28337 910-862-2534 Office	Families First Facebook info@familiesfirstnc.org
Engelhard	Hotline 1-252-925-2500 24 Hour crisis hotline We work to eliminate domestic violence and sexual victimization in Hyde County. Offering supportive help and referrals where necessary	Hyde County Hotline 1441 Nebraska Road Engelhard NC 27824 252-925-2502 Office	www.hydecountry-hotline.org/
Fayetteville	Emergency shelter Community education Support groups for women and children experiencing domestic violence call office for group details	The Care Center PO Box 2429 Fayetteville NC 28302 910-323-1540 Office	
Fayetteville	Hotline 910-485-7273 24 Hour crisis hotline 24 hour emergency room response Court room advocacy Sexual abuse community program Support group for female victims over 18 years Meets on Tuesdays at 5.30 pm and allows women of trauma to discuss their issues Call 910-485-7273 for group details All our services are FREE of charge	Rape Crisis Volunteers of Cumberland County 515 Ramsey Street Fayetteville NC 28301 910-485-7273 Office / Hotline admin@rapecrisisonline.org The Phoenix Center (rapecrisisonline.org)	www.rapecrisisonline.org
Franklin	828-369-5544 Macon County 828-586-8969 Jackson County 24 Hour crisis hotlines Emergency shelter Rape crisis compainions Court Advocates Education programs.	Reach of Macon/Jackson Co. PO Box 228 Franklin North Carolina 828-369-5544 Office / Hotline reach@reachofmaconcounty.org	www.reachofmaconcounty.org
Gastonia	Hotline 704-852-6000 The mission of our shelter is to	The Shelter of Gaston County Gastonia	

empower victims of domestic violence by providing them with emergency shelter, advocacy and support on their journey to an abuse free life.

NC 28052
704-852-6000 Office / Hotline
www.facebook.com/ShelterOfGastonCounty/

Goldsboro

Hotline 919-736-1313
919-394-1621 En Espanol
Supportive hotline with information and referrals to appropriate services and support groups

Wayne County Uplift
PO Box 1518
Goldsboro
NC 27533
919-736-1313 Office / Hotline

Greensboro

Adult Survivors of Child Abuse / Survivors Anonymous Meetup. This private Meetup peer support group is for anyone healing from the trauma of childhood physical, sexual, verbal, emotional and / or mental abuse, or neglect. Please know you are not broken and you are not alone. This is not a 12 step program designed for those with addictions. This is specifically for adult survivors of child abuse. Meets Tuesdays 7pm - 9pm This is a FREE support group.

Survivors Anonymous Meetup
Jo Organizer
Dwight Co Organizer

Meeting details available to members only.
Helping to start new Meetup groups. Survivors Anonymous Group:
www.SurvivorsAnonymousGroup.COM
All enquiries to either are welcome.
SurvivorsAnonymousGroup@gmail.com

Greensboro

336-387-6161 Greensboro
336-889-6161 High Point
336-273-7273 Rape/DV line
24 Hour crisis hotlines
Emergency shelter for women and their children. Crisis intervention
Medical and legal advocacy
Support group for victims of violence,

Family Services of Piedmont
315 East Washington Street
Greensboro
NC 27401
336-387-6161 Office / Hotline

www.familyservice-piedmont.org

Greensboro

Anxiety Disorders Counseling Group
Counseling group for adults with panic disorders, phobias and post traumatic stress disorder
Health insurance accepted
Meets Wednesdays 1.30 - 2.30 pm
Cost \$20 - \$40

Robert Milan
Greensboro
NC 27401
336-378-1200 Office

www.robertmilanlcsw.com/

Greensboro

Post Traumatic Stress Disorder Group
Group exploring the effects of PTSD on readjustment, family life, career options, interpersonal relationships and anger management
Meets Thursdays 6 - 7 pm
Cost \$30 +

Dr Edward F Morris
Greensboro
NC 27407
336-855-4649 Office

www.agapepsych.com
agapepsych@yahoo.com

Greenville

Hotline 252-752-3811
24 Hour crisis hotline
Counseling for domestic abuse
Counseling for PTSD
Counseling for abuse
There is NO CHARGE for first appointment then sliding scale between \$3 - \$30

Center for Family Violence
Prevention
Greenville
NC 27835
252-758-5021
www.facebook.com/c4fvp

www.c4fvp.org

Call 252-758-400 for more details
Serving Washington & Martin Co

Greenville	Sexual assault support group for victims. This is a 6 week closed group and screening interview required. Meets Thursdays 6 - 7pm Ongoing ON LINE sexual assault support group for victims, meets on Wednesdays 7 - 8 pm. Members will connect from their home PC using a Yahoo messenger ID provided by a REAL advocate from our team	REAL Crisis Intervention 1011 Anderson Street Greenville NC 27858 252-758-4357 Office REAL Crisis Intervention, Inc Facebook	realcrisis@embarqmail.com
Hayesville	Hotline 1-828-389-0797 24 Hour hotline Emergency services for anyone who has experienced domestic violence or sexual assault Support group for victims of domestic violence meets weekly Support group for adult women survivors of sexual assault Call Beverly or April 828-389-0797 for support group details	Reach of Clay County PO Box 1485 Hayesville NC 28904 282-389-0797 Office / Hotline	www.reachofclaycounty.org
Hendersonville	Response Line 828-693-3840 24 Hour crisis hotline We serve men, women and children following rape or sexual assault. We also serve adult survivors of childhood sexual abuse Hospital & emergency room support Judicial support and advocacy FREE confidential counseling	SafeLight PO Box 2461 Hendersonville NC 28793 828-693-3840 Office / Helpline Safelight - hope and healing for families Facebook	www.safelightfamily.org/ info@safelightfamily.org
Hendersonville	Hotline 828-693-3840 24 Hour hotline Individual counseling Weekly support groups are offered by a therapeutic counselor to survivors of domestic violence A Spanish group also meets weekly	Safe Light 133 Fifth Avenue West Hendersonville NC 28792 828-693-3840 Office / Hotline	www.safelightfamily.org info@safelightfamily.org
Hickory	Hotline 828-322-1400 24 Hour crisis hotline Providing safe emergency shelter to battered women and their children. Court advocacy & accompaniment Life skills classes Counseling services Weekly support groups. www.facebook.com/thefamilyguidancecenter/	Family Guidance Center 17 Highway 70 SE Hickory NC 28602 818-322-1400 Office / Hotline	www.fgcservices.com
High Point	336-387-6161 Greensboro 336-889-6161 High Point 336-273-7273 Rape/DV line 24 Hour crisis hotlines Emergency shelter for women and their children. Crisis intervention	Family Services of Piedmont 1401 Long Street High Point NC 27262 336-889-6161 Office/ Hotline	www.familyservice-piedmont.org

Medical and legal advocacy
Support group for victims of violence

High Point

Adult Survivors of Childhood
Sexual Abuse Group
I invite you to join up to meet and
gather support from fellow survivors
and learn from each other. This
group has an interactive focus with
some guidance from facilitator
Meets Thursdays 7 - 8.30pm
Cost up to \$20

Ms Valarie Anne Snell
High Point
NC 27265
336-841-4307 Office

www.chhtree.com
thecenter@chhtree.com

Hillsborough

Male Survivor Support Group
A support group for males identified
survivors of sexual assault and
abuse. This is an opportunity to
learn, share and gain support from
others with similar experiences.
Intake interview required
Meets on a week night 7 - 9 pm
This is a FREE support group

OCRCC
Chapel Hill
919-967-4647 Office

groups@ocrcc.org
www.ocrcc.org

Huntersville

Adult Survivors of Child Abuse /
Survivors Anonymous Meetup.
This private Meetup peer support
group is for anyone healing from
the trauma of childhood physical,
sexual, verbal, emotional and / or
mental abuse, or neglect.
Please know you are not broken
and you are not alone.
This is not a 12 step program
designed for those with addictions.
This is specifically for adult
survivors of child abuse.
Meets Mondays 7pm to 9pm
This is a FREE support group.

Survivors Anonymous Meetup
Jo Organizer
Justin & Dwight Co Organizers

Meeting details available to
members only.
Help for starting new Meetup
www.SurvivorsAnonymousGroup.com
Or send an email to:
SurvivorsAnonymousGroup@gmail.com

Jacksonville

Hotline 910-347-4000
24 Hour hotline
All our services are FREE and
confidential to victims of domestic
violence and sexual assault
Emergency shelter
Hospital / court advocacy
FREE counseling
Hispanic outreach program.

Onslow Women's Center
226 New Bridge Street
Jacksonville
NC 28540
910-328-2941 Office

www.onslowwc.org

Jamestown

336-273-7273 Rape/DV line
24 Hour crisis hotline
Emergency shelter for women and
their children. Crisis intervention
Medical and legal advocacy
Support group for victims of violence

Family Services of Piedmont
902 Bonner Drive
Jamestown
NC 27282
336-889-6161 Office

www.familyservice-piedmont.org

Jefferson

24hr Hotline 336-982-4588
We provide services and support
for victims of domestic violence and
sexual assault.
Shelter for families in crisis
Court advocacy & accompaniment

A Safe Home for Everyone ASHE
626 Ashe Central School Road
Unit 1
Jefferson
NC 28640
336-982-4588 Office Hotline

Counseling
Support groups for adults and children.

Jones County	Emergency shelter Domestic violence support group giving women the opportunity to share their experiences with others who have walked a similar path.	Coastal Women's Center Jones County 252-448-9971 Office	www.coastalwomensshelter.org cwsopsmgr@embarqmail.com
Kinston	Hotline 252-523-5573 24 Hour crisis hotline Shelter with fees of \$1 a day Court advocacy & accompaniment Support groups for sexual assault support groups for domestic abuse	SAFE in Lenoir County 834 Hardee Road Vernon Park Mall Suite 820A Kinston NC 28504 252-523-5573 Office / Hotline SAFE in Lenoir County Facebook	
Laurinburg	Hotline 910-276-6268 24 Hour crisis hotline Temporary Emergency shelter Court advocacy Community education program Individual crisis counseling Long term counseling Support groups available Serving Scotland County.	Domestic Violence and Rape Crisis Center PO Box 2130 Laurinburg NC 28353 910-276-5505 Office	www.dvrcc.org info@dvrcc.org
Lenoir	Hotline 828-758-0888 Domestic violence Support group Meets Wednesdays 6 - 7 pm Sexual Assault support group call Lilly Moody at the office for details	Shelter Home of Caldwell Co. PO Box 426 Lenoir NC 28645 828-758-0888 Office / Hotline.	www.shelterhomecc.org director@shelterhomecc.org
Lexington	Hotline 336-243-1934 24 Hour crisis hotline Emergency shelter Crisis intervention Counseling for trauma / PTSD Counseling for adults abused as children	Family Services of Davidson Co PO Box 607 Lexington NC 27293 336-249-0237 Office www.facebook.com/FamilyServicesDavidson	www.fsdcc.org info@fsdc.org
Lillington	Hotline 910-893-7233 24 Hour crisis hotline Serving all victims of violence and abuse in Harnett County	SAFE of Harnett County Lillington NC 27546 910-893-7233 Office / Hotline	www.safeofhc.org
Lincolnton	Hotline 704-736-1224 24 Hour crisis hotline Emergency shelter Court advocacy & accompaniment Community education Crisis counseling Support groups available	Amy's House PO Box 476 Lincolnton NC 28092 704-736-0112 Office information@lincolncounty-cadv.org	www.lincolncounty-cadv.org/
Louisburg	Hotlines 919-497-5444 We are a non profit organization assisting victims of domestic violence and their children. Our mission is to reduce relationship violence in Franklin County and the	Safe Space, Inc PO Box 240 Louisburg NC 27549 919-497-5444 Office / Hotline Safe Space, Inc Louisburg NC Facebook	

adjacent communities.
24 Hour emergency shelter
Sexual assault advocacy
Childrens advocacy
Domestic violence support groups
Support group for children.

Lumberton

Hotline 910-739-6278
Help and information for victims
of sexual violence
All services FREE of charge

Rape Crisis Center of Robeson
Lumberton
NC 28359
910-739-6278 Office / Hotline

Lumberton

Hotline 910-739-8622
24 Hour crisis hotline
Safe shelter, Crisis intervention
Court and legal advocacy
Safe support groups for those
affected by domestic violence
All services FREE of charge

Southeastern Family Violence
Center
108 W 9th Street
Lumberton
NC 28359
910-739-8622 Office / Hotline

sfvc@ncrrbiz.com

www.southeasternfamilyviolencecenter.org

Manteo

Crisis Hotline 252 473-3366
24 Hour hotline
Emergency shelter
Medical and legal advocacy
Phoenix support group for survivors
of domestic violence Meets 7 - 9 pm
on Wednesdays call Shannon Hill
at the office 252-473-5121 for info
Sista Speak support group meets
Tuesdays 6 - 7.30 pm Call Norma
Hill at the office 252-473-5121
Thursdays at 10am Support group
for past sexual or domestic violence
Call Temple Heggie for more details
All our services are FREE of charge
All our services are FREE of charge

Outer Banks Hotline
Manteo
NC 27954
252-473-5121 Office
www.facebook.com/obhotline/

Marion

Hotline 828-652-6150
24 Hour crisis hotline
Emergency shelter
Court advocacy legal referrals
Counseling services
Weekly support domestic violence
Weekly support sexual assault
Call office for support group details

New Hope of McDowell
PO Box 1572
Marion
NC 28752
828-652-8538 Office
www.facebook.com/newhopeofmcdowell/
contact@newhopemcdowell.org

www.newhopeofmcdowell.org/

Marshall

Hotline 828-649-2446
Or 888-765-3441
Services for victims of domestic
violence and sexual assault
Emergency shelter
Individual crisis/long term counsel
Support groups available

My Sister's Place
PO Box 457
Marshall
NC 28753
8282-649-2582 Office.

Mocksville

24 Hour Hotline 336-751-4357
24 Hour crisis hotline
The mission of Davie Domestic
Violence Services and Rape Crisis
Center is to end dometic violence
and sexual assault in our community
through empowerment, advocacy,
education, awareness and action

Davie Domestic Violence
Services & Rape Crisis Center
123 South Main Street
Mocksville
NC 27028
336-751-4357 Office / Hotline
Fax 336-751-3451
www.facebook.com/DavieDomesticViolenceServices/

for social changes.
 If you are a victim of domestic violence or sexual assault, help is only a phone call away. We provide:
 A 24 hour crisis hotline
 Assistance with Protective Orders
 Community awareness
 Court advocacy, crisis counseling education programs
 Emergency shelter assistance
 Support and referrals
 Victim advocacy
 Support group currently runs on a Tuesday evening from 5.30 to 7pm at our office on Main Street. The group is open to any victim of domestic violence or sexual assault who is 16 year or older. Please contact the office for more details.

Mocksville	336-723-8125 Domestic violence 336-727-4457 Sexual assault 24 Hour hotlines Counseling and therapy for adults and adolescents specializing in trauma call 336-722-8173 for intake information	Family Services, Inc 773 Sanford Avenue Mocksville North Carolina 336-722-8173 Main Office	www.fsifamily.org info@fsifamily.org
Monroe	24 Hour Hotline 980-771-4673 Domestic violence hotline Emergency shelter Rape crisis services Medical and legal advocacy Trauma focused counseling FREE support groups for domestic violence and sexual assault. Check website for local groups	Safe Alliance 604 Lancaster Highway 200 S. Monroe NC 28112 704-332-9034 Main Office	www.safealliance.org info@safealliance.org
Monroe	DV 24hr Hotline 704-283-7233 SV 24hr Hotline 704-283-7770 24 Hour crisis hotlines Emergency safe shelter Individual and group counseling for victims of domestic abuse	Turning Point PO Box 952 Monroe NC 28111 704-283-9150 Office www.facebook.com/TurningPointUC/	www.turningpointnc.org/ info@turntoday.net
Morehead City	Crisis Line 252-728-3788 We are a 501 Non profit agency providing services to victims of domestic violence and their families. Available services include: 24 hour crisis lines, temporary emergency shelter, individual and group counseling, mental health advocacy, court advocacy, case management, Safe Date education for middle school age students, food pantry, emergency financial assistance, Hispanic interpretation, public education, transportation assistance, clothing, furniture and household goods through our thrift store "Caroline's Collectables".	Carteret County DV Program PO Box 2279 Morehead City NC 28557 252-726-2336 Office www.carteretdomesticviolence.com/	ccdvp.ed@gmail.com

the mission of Carteret County Domestic Violence Program Inc is to provide support services designed to promote safety and increase the capacity of victims to break the cycle of abuse for future generations.

Morehead City	Hotline 252-725-4040 24 Hour crisis hotline Supportive help and referral to the appropriate services	Carteret County Rape Crisis Morehead City NC 28557 252-504-3668 Office www.carteretcountync.gov/460/Rape-Crisis
Morganton	Hotline 828-438-9444 24 Hour hotline We support victims of domestic violence and sexual assault Emergency shelter Individual therapy Support group for female domestic violence victims 828-438-9444 for group details.	Options of Burke County PO Box 2512 Morganton NC 28655 828-438-9444 Office / Hotline www.optionsburkecounty.org
Murphy	Hotline 828-837-8064 24 Hour Crisis hotline Temporary emergency shelter Hospital accompaiment Court advocacy School education programs Support group for abused women Support group for survivors of incest and sexual abuse All our services are FREE of charge	Reach of Cherokee County Inc PO Box 977 Murphy NC 28906 828-837-9631 Office www.reachofcherokeecounty.org
New Bern	Hotline 252-638-4909 24 Hour crisis hotline Emergency shelter Domestic violence support group giving women the opportunity to share their experiences with others who have walked a similar path.	Coastal Women's Center New Bern NC 28561 252-638-4909 Office / Hotline www.coastalwomensshelter.org
Oxford	Hotline 919-693-5700 En Espanol 919-690-0888 24 Hour crisis hotline Services and support for domestic violence and rape survivors Crisis counseling Support groups available	Families Living Violence Free PO Box 1632 Oxford NC 27565 919-693-3579 Office www.facebook.com/GranvilleFLVF/ www.flvf.org/ info@flvf.org
Pamlico County	Hotline 252-638-4509 24 Hour crisis hotline Emergency shelter Domestic violence support group giving women the opportunity to share their experiences with others who have walked a similar path.	Coastal Women's Center Pamlico County 252-571-5486 Office www.coastalwomensshelter.org
Raeford	Hotline 910-875-4494 24 Hour crisis hotline Our mission is to provide quality services to all persons effected by	Hoke County Domestic Violence and Sexual Assault 225 S. Main Street Raeford www.hokeco-dvsa.org/

domestic violence and sexual assault in the Hoke County area
Emergency shelter
victims and court advocacy
Therapeutic counseling
Support groups

NC 28376
910-878-0118 Office
administrator@hokecodvsa.org

Raleigh

Adult Survivors of Childhood Abuse (ASCA) program in RDU founded in 2009.
Peer Support group, led by volunteer fellow child abuse survivors.
Twice-monthly meetings that follow the 21 step ASCA recovery program. (Anonymous- only first names used; donations optional)
Free printed 21 step ASCA Survivor to Thrive workbook.
MeetUp Group
Private Facebook Group
Other web-based resources.

Adult Survivors of Child Abuse
ASCA
ASCA of Raleigh
RDU Adult Survivors of Child Abuse MeetUp
asca.raleigh@gmail.com

ASCA Raleigh
National ASCA Organization
www.ascasupport.org/

RDU - ASCA Meetup Group
www.meetup.com/RDU-Adult-Survivors-Of-Child-Abuse/

Raleigh

Traum-Sensitive Beginning Yoga for Men
Specially designed for men with traumatic histories or PTSD. Small class, no experience needed, no yoga gear required. 8 session with a pre registration required before
Meets Mondays 5.45 - 7.15 pm
Cost \$20 per session

Mr Tony Delmedico
Raleigh
NC 27615
919-623-8118 Office

www.tonydelmedico.com
tony@tonydelmedico.com

Raleigh

919-828-3005 Sexual Assault
919-828-7740 Domestic violence
En Espanol 844-203-8896
Residential shelter
Hospital response volunteers
Court advocacy
Latino community services
Community outreach /education
Individual counseling
Domestic abuse support groups for women only
Rape and incest support group
Call hotlines for group details.

Interact
1012 Oberlin Road
Raleigh
NC 27605
919-828-7501 Office

www.interactofwake.org
info@interactofwake.org

Reidsville

Hotline 336-342-3332
24 Hour crisis hotline
Our services are available to ALL victims of domestic violence and sexual assault
Emergency shelter
Victim advocacy & crisis services
Support group for adult survivors.

Help, Incorporated: Center Against Violence
335 CountyHome Road
Reidsville
NC 27320
336-342-3331 Office
www.helpinc-centeragainstviolence.org
www.facebook.com/helpincorporatedcenteragainstviolence/

Roanoke Rapids

Hotline 252-541-2064
24 Hour crisis hotline
Crisis response
Emergency shelter
Hospital accompaniment
Individual counseling for survivors of domestic and sexual violence

Hannah's Place, Inc
PO Box 1392
Roanoke Rapids
NC 27870
252-341-2037 Office

www.hannahsplacenc.org/

Serving Halifax, W. Northampton.

Robbinsville	24hr Hotline 828-479-4332 FREE and confidential services to victims of domestic violence and sexual assault. Emergency shelter Help with Orders of Protection Court advocacy / accompaniment Individual counseling Weekly support group for women	Hope for Families PO Box 2298 Robbinsville NC 28771 828-479-4612 Office	grahamsafe@dnet.net
Rockingham	24hr Hotline 910-997-4840 Supportive referrals to appropriate services	New Horizons Rockingham NC 28379 910-997-4448 Office www.facebook.com/newhorizonslifeandfamilyservices/	www.newhorizonsagency.com/ info@newhorizonsagency.com
Rocky Mount	Hotline 252-459-3094 24 Hour hotline Emergency housing Crisis counseling Support groups for women and children affected by domestic violence and sexual assault. www.facebook.com/My-Sisters-House-of-North-Carolina-95073292498/	My Sister's House PO Box 7665 Rocky Mount NC 27804 252-462-0366 Nashville Office 252-641-6406 Tarboro Office	www.mshnc.org/
Roxboro	Hotline 336-599-7233 Supportive hotline and info to relevant services	Safe Haven PO Box 474 Roxboro NC 27573 336-597-8699 Office www.facebook.com/SafeHavenofPC/ www.personcountysafehaven.org/ admin@personcountysafehaven.org	
Salisbury	Hotline 704-636-4718 Press 1 24 Hour crisis hotline We specialize in helping those affected by rape, incest, sexual assault and domestic violence. Emergency shelter Support groups for adult women who were victims of assault or incest. Support groups for women and children affected by domestic violence Call Cindy Stevenson on 704-636-4718 extension 1061 for group details All services FREE.	Family Crisis Council of Rowan County 131 Council Street Salisbury NC 28144 704-636-4718 Office / Hotline	www.familycrisiscouncil.org
Sanford	Hotline 919-774-8923 24 Hour 365 day hotline Emergency shelter Court / hospital advocacy Professional community education Bi-lingual counseling for those affected by domestic violence or sexual assault.	Haven in Lee County PO Box 3191 Sanford NC 27331 919-774-8923 Office / Hotline www.facebook.com/HAVENinLeeCo/ havened@haveninleecounty.org	www.havenlee.org/
Shallotte	Hotline 910-392-0497 24 Hour crisis hotline	Rape Crisis Center of Coastal Horizons Center	www.supportrcc.org

	<p>Medical and court advocacy Counseling and therapy available Weekly support groups Spanish speaking staff</p>	<p>Shallotte NC 28470 910-754-7949 Office supportrcc@coastalhorizons.org</p>	
Shelby	<p>Hotline 704-481-0043 24 Hour crisis hotline Emergency shelter Court advocacy Hospital accompaiment Counseling groups for domestic violence. Rape and sexual assault support groups Support groups for childhood sexual abuse Male victim counseling</p>	<p>Cleveland County Abuse Prevention Council Shelby NC 28151 704-487-9325 Office www.abusepreventioncouncil.org/</p>	
Silver City	<p>Hotline 919-545-0224 24 Hour crisis hotline Se Habla Espanol Emergency shelter for victims of domestic or sexual violence Court advocacy Individual / family counseling On going support groups with the focus on healing</p>	<p>Family Violence & Rape Crisis PO Box 961 Silver City NC 27344 919-545-0224 Office / Hotline</p>	<p>Hoke County Domestic Violence and Sexual Assault Center, Inc. Facebook</p>
Smithfield	<p>Hotline 919-631-5478 24 Hour crisis hotline Emergency shelter Court advocacy Empowerment support groups for women and children Serving all of Johnston County</p>	<p>Harbor of Johnston County Smithfield NC 27577 919-938-3566 Office</p>	<p>www.harborshelter.org info@harborshelter.org</p>
Sparta	<p>Hotline 336-372-3262 336-657-0466 En Espanol 24 Hour crisis hotlines DANA's goal is to help support victims of domestic violence and sexual assault Emergency shelter Medical and court advocacy English and Spanish weekly support groups</p>	<p>DANA Services Sparta NC 28675 336-372-3262 Office / Hotline crisis@danaservices.org</p>	<p>www.danaservices.org/</p>
Spindale	<p>Our main objective at Family Resources and the Path shelter is is to serve people as they attempt to escape domestic violence.</p> <p>www.facebook.com/Family-Resources-of-Rutherford-County-108776369204991/</p>	<p>Family Resources PO Box 845 Spindale NC 28160 828-247-1440 Office</p>	<p>www.familyresourcesrc.org/</p>
Spruce Pine	<p>1-828-765-4044 Crisis line 24 Hour crisis hotline Emergency shelter available Sexual assault advocacy Legal advocacy & assistance Life skills classes and education</p>	<p>Mitchell County Safe Place Spruce Pine NC 28777 282-765-4015 Office www.facebook.com/mitchellcountysafeplace/ www.mitchellcountysafeplace.org/</p>	

Support groups call office for details
All of our services are FREE

Statesville	Hotline 252-459-3094 24 Hour crisis hotline First and foremost the most important thing we offer to those fleeing domestic and sexual violence is a place of safety. Crisis intervention Support groups and counseling www.facebook.com/My-Sisters-House-of-North-Carolina-95073292498/	My Sister's House PO Box 5217 Statesville NC 28687 252-462-0366 Nashville Office 252-641-6404 Tarboro Office	www.mshnc.org/
Stokes County Area	Support Group for Survivors of Sexual Assault. If you are a survivor of Sexual assault, a support group is now available to you FREE of charge. Call 336-595-9323 for more details	Stokes County Domestic Violence & Sexual Assault Prog Stokes County Area North Carolina 336-595-9323 Contact No. www.yveddi.com/domestic-violence-programs/	
Supply	Hotline 910-754-5856 24 Hour crisi hotline Emergency shelter Empowerment support group is available to current and past victims of domestic violence in or out of the shelter evenvironment contact Tommy on 910-754-5726.	Hope Harbor Home Po Box 230 Supply NC 28462 910-754-5856 Office / Hotline	www.hopeharborhome.org/
Taylorsville	Hotline 828-758-0888 We are a non profit program that provides comprehensive services to victims of domestic violence in Alexander County. Childrens safety plan information Domestic violence Support group meets in Lenoir Tuesdays 6-7pm	DVRC of Alexander County Taylorsville North Carolina 828-635-8850 Office	www.dvrc.wordpress.com
Taylorsville	Hotline 828-758-0888 Domestic violence Support group Meets Tuesdays 6 - 7 pm Sexual Assault support group call Lilly Moody at the office for details	Shelter Home of Caldwell Co. Taylorsville North Carolina 828-635-8850 Office	www.shelterhomecc.org director@shelterhomecc.org
Troy	Hotline 910-975-9740 Supportive referrals to appropriate services	Family Crisis Center Troy NC 27371 910-571-9748 Office	www.randolphfcc.org/
Wadesboro	Hotline 704-690-0562 24 Hour crisis hotline Medical and legal advocacy 24 hour counseling Support groups available www.facebook.com/Anson-County-Domestic-Violence-Coalition-296176480467/	Anson County Domestic Violence / Rape Crisis Center 304 East Wade Street Wadesboro NC 28170 704-694-4499 Office	www.acdvrc.org/
Warsaw	Hotline 1-888-400-0243	Sarah's Refuge	

1-800-656 HOPE National hotline
These are 24 hour sexual assault
hotlines for support and information

Warsaw
NC 28393
910-293-3206 Office
www.facebook.com/SarahsRefugeInc/

Waynesville Help and referrals to services in
Haywood, Swain, Jackson, Macon,
Graham, Cherokee and Clay for
those affected by domestic violence
rape or sexual assault.

30th Judicial District www.30thalliance.org/
Waynesville
828-452-2122 Office
828-550-3383 En Espanol
www.facebook.com/30thAlliance/

Waynesville Hotline 828-456-7898
24 Hour crisis hotline
Emergency shelter
Court advocacy
Counseling for adults & children
Support groups for men and women
who are survivors of domestic and
sexual violence.

Reach of Haywood County [www.reachofhaywood.org/
reachofhaywood@att.net](https://www.reachofhaywood.org/reachofhaywood@att.net)
PO Box 206
Waynesville
NC28786
828-456-7898 Office / Hotline
www.facebook.com/ReachOfHaywood/

Wentworth Hotline 336-342-3332
24 Hour crisis hotline
Our services are available to ALL
victims of domestic violence and
sexual assault
Emergency shelter
Victim advocacy & crisis services
Support group for adult survivors
of domestic violence meets on
Tuesdays 6.30 - 7.30pm

Help, Incorporated: Center www.helpincorporated.org/
Against Violence
PO Box 16
Wentworth
NC 27375
336-342-3331 Main Office
www.facebook.com/helpincorporatedcenteragainstviolence/

Whiteville Hotline 910-641-0444
24 Hour crisis Hotline
Emergency shelter for victims of
domestic violence and sexual asalt
Court advocacy
Individual counseling
Support groups available

Families First, Inc [Families First | Facebook
info@familiesfirstnc.org](https://www.familiesfirstnc.org/)
PO Box 1776
Whiteville
NC 28472
910-642-5996 Office

Wilkesboro Hotline 336-838-7233
24 Hour crisis hotline
Women's emergency shelter
Men's emergency shelter
Sexual assault services 383-9169
Weekly support groups for women
formerly or currently in abusive
relationships Meets Thursdays
7 - 8 pm in Wilkesboro call the
office for details.

Safe, Inc - Wilkes County www.safewilkes.org
PO Box 445
Wilkesboro
NC 28697
336-667-7656 Office

**SAFE closed in February 2020, but
there are some useful contact
numbers on the Safe webpage.**

Wilmington Hotline 910-343-0703
We have been operating a non
profit organization helping victims of
domestic violence since 1986.
Crisis intervention
Emergency shelter
Information, advocacy & referrals
Weekly childrens program
Tuesday evening support group

Domestic Violence Shelter and
Services
PO Box 1555
Wilmington
NC 28402
910-343-0703 Office / Hotline
www.domesticviolence-wilm.org/

with the childrens group running at the same time.
Daytime support group no childcare
Golden Voices support group for victims/survivors over 50 years old
www.facebook.com/Domestic-Violence-Shelter-and-Services-Wilmington-NC-153771457977932/

Wilmington	Hotline 910-392-7460 24 Hour crisis hotline Medical and court advocacy Counseling and therapy available Weekly support groups Spanish speaking staff Spanish speaking staff	Rape Crisis Center of Coastal Horizons Center Wilmington NC 28412 910-392-7185 Office supportrcc@coastalhorizons.org	www.supportrcc.org
Wilson	Hotline 252-291-2344 24 Hour crisis hotline We serve the community in need of support and services for domestic violence, sexual assault and rape Support groups meet weekly Sexual assault group meets 5 -6pm on Mondays Call 252-291-2344 if you plan to attend this group.	Wesley Shelter Wilson NC 27893 252-291-2344 Office / Hotline	www.wesleyshelter.org
Winston-Salem	336-723-8125 Domestic violence 336-727-4457 Sexual assault 24 Hour hotlines Counseling and therapy for adults and adolescents specializing in trauma call 336-722-8173 for intake information	Family Services, Inc 1200 S. Broad Street Winston-Salem NC 27101 336-722-8173 Office. www.facebook.com/FamilyServices	www.fsifamily.org info@fsifamily.org
Yadkinville	Hotline 336-679-2072 24 Hour crisis hotline Peer support group available for those affected by domestic violence	Yadkin County Domestic Violence Program PO Box 1053 Yadkinville NC 27955 336-849-4070 Ext 701 www.facebook.com/YadkinDVSA	
Yanceyville	Hotline 336-694-5655 24 Hour hotline Emergency shelter small fee Crisis counseling Support groups for sexual assault and rape call 336-694-5750 for support group details.	Caswell Family Violence Prevention PO Box 639 Yanceyville NC 27379 336-694-5750 Office	
Yanceyville	Hotline 336-228-0360 Toll Free 24 Hour crisis hotline Crossroads provides victim advocacy to adults and children who are victims of sexual violence. The crisis line is answered by trained volunteers who will be supportive and guide you to the appropriate services.	Crossroads 158 E Church Street Yanceyville NC 336-694-4250 Office crossroads@crossroadsCares.org	www.crossroadscares.org