

**National Association of Adult Survivors of Child Abuse** [www.NAASCA.org](http://www.NAASCA.org)

*Note: Please send corrections, additions and updates to:* [maudnmildred@hotmail.com](mailto:maudnmildred@hotmail.com)

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
<b>MINNESOTA</b>			
<b>National Helpline</b>	Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.	Childhelp Prevention and Treatment of Child Abuse.	<a href="http://www.childhelp.org">www.childhelp.org</a> <a href="mailto:info@childhelp.org">info@childhelp.org</a> Email support form on the website
<b>Statewide</b>	1-866-223-1111 Domestic Violence Statewide information hotline.	Violence Free Minnesota 651-646-6177 Office	<a href="http://www.mcbw.org">www.mcbw.org</a> <a href="http://www.vfmn.org/">www.vfmn.org/</a>
<b>Statewide</b>	24 hour helpline 701-293-7273 or 1-800-344--7273 Statewide Toll Free Helpline.	Minnesota Coalition Against Sexual Assault St. Paul 651-209-9993 Office	<a href="http://www.mncasa.org">www.mncasa.org</a> <a href="mailto:info@mncasa.org">info@mncasa.org</a>
<b>Ada</b>	1-800-510-9967 After hours cells The victim assistance program is funded via VOCA and state grants. Accompaniments and supports victims through the criminal justice process. Transportation to attend court and other appointments. Crisis counseling for victims and their families. <a href="http://www.co.norman.mn.us/departments/victim_assistance_program.php">www.co.norman.mn.us/departments/victim_assistance_program.php</a>	Norman County Victim Assistance Program 402 3rd Avenue East Suite 9 Ada MN 56510 218-784-3312 Office	
<b>Aitkin</b>	Hotlines 218-927-2327 Or 1-888-276-1720 AADA works to end violence through education and advocacy and empowers people experiencing domestic violence to heal their lives. AADA services provided to local communities include: Safe emergency housing and longer term supportive housing information and referrals One to one and group support	Hope PO Box 153 Aitkin Minnesota 218-927-2327 Office / Hotline	<a href="http://www.aitkinhope.org/">www.aitkinhope.org/</a>
<b>Aitkin</b>	Hotline 218-927-6226 Or 1-866-747-5008 Toll free 24 Hour crisis hotlines	Support Within Reach 312 Minnesota Avenue Suite 2009	<a href="mailto:contact@supportwithinreach.org">contact@supportwithinreach.org</a>

For support to anyone dealing with sexual violence  
Assistance with P.P.O.  
SMART and SANE Programs  
Community education  
Ongoing counseling  
Support group available  
All services FREE of charge.

Aitkin  
MN 56431  
218-927-6226 Office/Hotline  
[Support Within Reach \(SWR\) | Facebook](#)

**Albert Lea**

We provide assistance with  
Orders of Protection  
Safe Housing  
Victim advocacy  
Court accompaniment  
Groups for children who witness violence and educational groups for women.

Freeborn County Crime Victim's Crisis Center  
411 South Broadway  
Albert Lea  
MN 56007  
507-337-5460 Office  
[www.facebook.com/CVCCFreebornCounty](http://www.facebook.com/CVCCFreebornCounty)

**Albert Lea**

Legal Helpline 1-888-575-2954  
100 Years strong: And the ongoing pursuit of equal rights and equal justice. Our protection from domestic abuse and child custody program, protects the safety of children and parents who have experienced physical or sexual abuse. We closely coordinate with bettered women's shelters.  
Serving Faribault, Freeborn, Mower, Rice and Steele Counties.

SMRLS  
Albert Lea  
MN 56007  
507-377-2831 Office

[www.smrls.org](http://www.smrls.org)  
[albertlea@smrls.org](mailto:albertlea@smrls.org)

**Alexandria**

Hotline 800-974-3359  
24 Hour crisis hotline  
Medical and legal advocacy service  
Community education  
Support groups for domestic violence and sexual assault  
Serving Big Stone, Douglas, Grant, Otter Tail, Pope, Stevens, Traverse, Wadena and Wilkin Counties.

SomePlace Safe  
Alexandria  
MN 56308  
302-762-1995 Office  
[www.facebook.com/someplacesafe/](http://www.facebook.com/someplacesafe/)

[info@someplacesafe.info](mailto:info@someplacesafe.info)

**Alexandria**

WINGS is an advocate for and provides services for vulnerable and less fortunate children and their families.  
Transitional housing program is for families who are fleeing from domestic violence.  
Plus kids is a program designed to reduce childrens vulnerability to violence and trauma.

WINGS Family Support Services  
1417 Broadway  
Alexandria  
MN 56308  
320-762-4100 Plus Kids Office

**Austin**

For victims and survivors of domestic violence  
Serving those in Mower County

Crime Victim's Resource Center  
Austin  
MN 55912  
507-437-6680 Office  
[www.facebook.com/CrimeVictimsResourceCenter/](http://www.facebook.com/CrimeVictimsResourceCenter/)

**Bagley**

Hotline 1-800-324-8151  
We are a non profit agency dedicated to serving all victims of domestic violence and child abuse.

Family Safety Network  
PO Box 3  
Bagley  
MN 56621

[www.familysafetynetwork.net/](http://www.familysafetynetwork.net/)

218-694-2831 Office  
[outreach@familysafetynetwork.net](mailto:outreach@familysafetynetwork.net)

<b>Baudette</b>	Hotline 218-634-3233 Temporary safe shelter Advocacy for domestic abuse and sexual violence victims Referrals to local support groups.	Friends Against Abuse PO Box 977 Baudette MN 56623 218-634-3233 Office/Hotline <a href="mailto:friendsagainstabuse@yahoo.com">friendsagainstabuse@yahoo.com</a>	<a href="http://www.friendsagainstabuse.com">www.friendsagainstabuse.com</a>
<b>Belle Plaine</b>	Hotline 952-873-4214 We offer services including Private safe homes where women and children may stay for up to 3 day while shaping their longer term plans. Legal advocacy FREE on-site childcare for women attending our support groups Call 952-873-2414 for group info	Southern Valley Alliance for Battered Women 551 East Park Street Belle Plaine MN 56011 952-873-4214 Office / Hotline	<a href="http://www.svabw.org/">www.svabw.org/</a> <a href="mailto:info@svabw.org">info@svabw.org</a>
<b>Bemidji</b>	Or 800-588-6229 Toll Free The mission of NCFS is to provide a safe environment, to empower women and children and to change aspects of society that perpetuate the oppression and the victimization of women and children. Emergency shelter and services.	Northwoods Coalition for Family Safety PO Box 563 Bemidji MN 56619 218-444-1395 Office	
<b>Bemidji</b>	Advocate accompaniment service FREE individual & group sessions for survivors of rape and childhood sexual abuse.	Sexual Assault Program PO Box 1472 Bemidji MN 56619	<a href="http://www.sapbchc.org/">www.sapbchc.org/</a> <a href="mailto:info@sapbchc.org">info@sapbchc.org</a>
<b>Benson</b>	Hotline 1-800-792-4210 Toll Free Safe Avenues provides advocacy services, parenting time services and a shelter for victims of abuse. We serve the counties of <b>Chippewa, Kandiyohi, Lac qui Parle, Mcleod, Meeker, Renville and Swift.</b> Please see our website for further information.	Safe Avenues PO Box 53 Benson MN 56215 320-314-8500 Office	<a href="http://www.willmarshelter.com">www.willmarshelter.com</a>
<b>Blaine</b>	Hotline 763-780-2330 Or 888-780-2332 Toll free 24 Hour crisis hotlines Emergency shelter Legal and hospial advocacy Community education Domestic violence walk-in support group Thursday 6.30 - 8 pm Closed domestic violence recovery support group Monday 6 - 8 pm Open sexual violence recovery support group Monday 6 - 8 pm Open self esteem support group Wednesday 6.30 - 8 pm Restorative Parenting Mon 1-2pm Coffe & converstions educational group Tuesdays 10 - 11am	Alexandra House PO Box 490039 Blaine MN 55449 763-780-2332 Office/Hotline	<a href="http://www.alexandrahouse.org">www.alexandrahouse.org</a>

<b>Bloomington</b>	<p>Hotline 1-866-223-1111</p> <p>Cornerstones mission is to prevent domestic abuse. We educate, advocate and lead the way to social change providing children and adults with services that will revive their human spirit.</p> <p>Day one Emergency shelter child, youth and family therapy Open and time limited support groups, call office for details.</p>	<p>Cornerstone 1000 East 80th Street Bloomington MN 55420 952-884-0376 Office</p>	<p><a href="http://www.cornerstonemn.org">www.cornerstonemn.org</a> <a href="mailto:info@cornerstonemn.org">info@cornerstonemn.org</a></p>
<b>Bloomington</b>	<p>Crisis Hotline 1-866-232-1111 TEXT Hotline 612-399-9995 Statewide help for victims of domestic violence. Please click on website map for services in your area Emergency housing available 24 Hour crisis services Support groups for adults and children</p>	<p>Day One 1000E 80th Street Bloomington MN 55420 952-884-0376 Office <a href="#">Day One®   Facebook</a></p>	<p><a href="http://www.dayoneservices.org/safety@dayoneservices.org">www.dayoneservices.org/safety@dayoneservices.org</a></p>
<b>Bloomington</b>	<p>Hotline 612-881-2499 Domestic violence counseling and support.</p>	<p>United Battered Families Network Bloomington MN 55431 612-881-1872 Office</p>	
<b>Blue Earth</b>	<p>Hotline 1-800-477-0466 TEXT Hotline 507-223-4200 24 Hour crisis hotlines Emergency shelter for domestic and sexual violence Legal advocacy Support for victims and survivors</p>	<p>CADA of Faribault County Blue Earth 125 North Main Street PO Box 203 507-625-8688 Office</p>	<p><a href="http://www.cadaMN.org">www.cadaMN.org</a></p>
<b>Blue Earth</b>	<p>We provide services for those who are affected by domestic violence. Accompaniment to court Safety planning Community education Information and Referrals</p>	<p>Faribault County Violence Intervention Project. 119 North Main, #4 PO Box 203 Blue Earth MN 56013 507-526-5275 office</p>	
<b>Brainerd</b>	<p>Hotlines 218-828-1216 Or 888-777-1248 Toll Free The Women's Center has been empowering women and children through a variety of programs since 1978. Offering legal advocacy Two FREE community support groups. One for battered women and one for children from violent homes. Both meet on Tuesday evenings. Call 218-828-1216 for group details.</p>	<p>Relationship Safety Alliance PO Box 602 Brainerd MN 56401 218-828-1216 Office / Hotline <a href="#">Relationship Safety Alliance   Facebook</a></p>	
<b>Breckenridge</b>	<p>Hotline 800-974-3359 24 Hour crisis hotline Medical and legal advocacy service Community education</p>	<p>SomePlace Safe Breckenridge MN 56520 218-643-3109 Office</p>	<p><a href="mailto:info@someplacesafe.info">info@someplacesafe.info</a></p>

Support groups for domestic violence and sexual assault  
Serving Big Stone, Douglas, Grant, Otter Tail, Pope, Stevens, Traverse, Wadena and Wilkin Counties.

[wilkin.co@someplacesafe.info](mailto:wilkin.co@someplacesafe.info)  
[www.facebook.com/someplacesafe](http://www.facebook.com/someplacesafe)

**Brooklyn Center**

Crisis Hotline 651-777-5222  
We are dedicated to offering hope and help to people who struggle with domestic and sexual abuse. A wide range of counseling and psychiatry available.

Canvas Health  
Brooklyn Center  
MN 55430  
651-777-5222 Office / Helpline

[www.canvashealth.org](http://www.canvashealth.org)

**Brooklyn Park**

Female Survivors Support Group  
This is a group for teens and young adults who are survivors of sexual trauma. The groups lasts for 10 weeks and is 1.5 hours per week. The group provides education on triggers, flashbacks PTSD and anxiety. Most insurance companies will cover this  
Cost \$30 - \$40

Ms Amanda Holmberg  
Brooklyn Park  
MN 55443  
763-482-9598 Office  
[www.sexualwellnessinstitute.com/](http://www.sexualwellnessinstitute.com/)

[www.rumrivercounseling.com](http://www.rumrivercounseling.com)

**Brooklyn Park**

Trauma Group  
This is a structured group using the workbook "Life After Trauma" by MB Williams, D Rosenbloom and BE Watkins.  
Meets Monday 6 -8 pm  
Cost \$60 - \$80.

Mrs Krista Newman  
Brooklyn Park  
MN 55443  
651-560-0050 Office

[www.tohcounseling.com/](http://www.tohcounseling.com/)

**Burnsville**

651-405-1500 Sexual assault  
651-452-7288 Domestic violence  
24 Hour crisis hotlines  
Lewis House emergency shelter  
Womens domestic violence groups  
Tues 7pm, Wed 10am, Thurs 7pm  
Women's sexual assault group  
Thursday 7 - 8.30 pm  
Call 651-452-7288 for group details.

360 Communities  
501 East Highway 13  
Suite 102  
Burnsville  
MN 55337  
952-985-5300 Office  
[www.facebook.com/360Communities](http://www.facebook.com/360Communities)

[www.360communities.org/](http://www.360communities.org/)  
[info@360Communities.org](mailto:info@360Communities.org)

**Cambridge**

Hotline 1-800-338-7233  
We are a multi community agency who's primary purpose is to provide supportive services for people who are currently involved or have been involved in an abusive relationship.  
24 Hour crisis intervention  
Emergency shelter / safe housing  
Personal and legal advocacy  
Support through the court system  
FREE confidential support group  
Mondays 10 - 11.30am call the office for more details.

The Refuge Network  
1700 East Rum River Drive S.  
Suite E  
Cambridge  
MN 55008  
763-689-3532 Support Groups

[www.familypathways.org/](http://www.familypathways.org/)

**Cass Lake**

Hotline 218-766-1741  
We strive to do our best in supporting any person affected by family violence.  
Emergency transportation to shelter  
Legal and systems advocacy

Leech Lake Family Violence Program  
113 Balsam Avenue NW  
Cass Lake  
MN 56633  
218-766-1741 Office / Hotline

	Weekly support groups	<a href="http://www.llojibwe.org/hs/familyviolenceprevention.html">www.llojibwe.org/hs/familyviolenceprevention.html</a>	
<b>Champlin</b>	Support group for adult survivors of childhood sexual abuse, incest violence, rape and sexual assault. to join this chapter contact Margie <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a>	Lamplighter Movement Champlin Minnesota	<a href="http://www.thelamplighters.org">www.thelamplighters.org</a> <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a>
<b>Chaska</b>	Hotline 612-871-5111 24 Hour FREE crisis hotline Medical and legal advocacy 10 FREE crisis counseling sessions A variety of support groups available to men, women and children Call 612-871-5111 for group details	SVC 500 N. Pine Street Suite 203 Chaska MN 55318 612-871-5111 Office / Hotline	<a href="http://www.sexualviolencecenter.org">www.sexualviolencecenter.org</a>
<b>Chisago City</b>	Hotline 1-800-338-7233 We are a multi community agency who's primary purpose is to provide supportive services for people who are currently involved or have been involved in an abusive relationship. 24 Hour crisis intervention Emergency shelter / safe housing Personal and legal advocacy Support through the court system FREE confidential support group Mondays 6 - 8 pm call the office for more details.	The Refuge Network 10625 Railroad Avenue Suite 204 Chisago City MN 55013 651-257-2890 Office	<a href="http://www.familypathways.org/">www.familypathways.org/</a>
<b>Coon Rapids</b>	We are dedicated to offering hope and help to people who struggle with domestic and sexual abuse. A wide range of counseling and psychiatry available	Canvas Health Coon Rapids MN 55448 763-489-7499 Office	<a href="http://www.canvashealth.org">www.canvashealth.org</a>
<b>Cottage Grove</b>	We are dedicated to offering hope and help to people who struggle with domestic and sexual abuse. A wide range of counseling and psychiatry available	Canvas Health Cottage Grove MN 55016 651-777-5222 Office	<a href="http://www.canvashealth.org">www.canvashealth.org</a>
<b>Crookston</b>	Hotline 1-800-342-7756 Advocacy services included: Shelter assistance Transportation assistance Coordination with legal systems Court advocacy Access to counseling Services in English & Spanish.	Battered Women's Program & Sexual Assault Intervention Crookston Minnesota 218-281-3552 Office <a href="http://www.chsclinics.org/locations/crookston/">www.chsclinics.org/locations/crookston/</a>	
<b>Detroit Lakes</b>	Hotline 218-847-7446 Or 877-754-9683 24 Hour crisis hotlines Help and support to those who are experiencing domestic violence or have experienced sexual assault including: rape, incest, and child sexual abuse. Emergency shelter available.	Lakes Crisis & Resource Ctn PO Box 394 Detroit Lakes MN 56502 218-847-8572 Office	<a href="http://www.lakescrisis.com/">www.lakescrisis.com/</a> <a href="mailto:lcrctl@lakescrisis.com">lcrctl@lakescrisis.com</a>
<b>Duluth</b>	Since the early 1980's Duluth has	Domestic Abuse Intervention	<a href="http://www.theduluthmodel.org">www.theduluthmodel.org</a>

been an innovator of ways to hold batterers accountable and keep victims safe. Taking the blame off the victim and placing accountability for abuse on the offender. Women's support groups, call Pat Goodman on 218-722-2781 ext 106 Or Alex Feltus ext 108 for group info.

Programs  
202 Est Superior Street  
Duluth  
MN 55802  
218-722-2781 Office

[gswensen@theduluthmodel.org](mailto:gswensen@theduluthmodel.org)

**Duluth**

Hotline 218-726-1931  
24 Hour crisis hotline  
Medical and legal advocacy  
Sexual Assault Nurse Examiner  
Multi-disciplinary Team  
Trafficking Task Force  
Community education & awareness  
Individual counseling and support groups are coming soon.

PAVSA  
32 E 1st Street  
Suite 200  
Duluth  
MN 55802  
218-726-1442 Office.  
[www.facebook.com/pavsaduluth](http://www.facebook.com/pavsaduluth)

[charsh@pavsa.org](mailto:charsh@pavsa.org)

**Duluth**

Hotline 218-728-6481 Shelter  
We can offer safety, space and the time to heal in the first few critical weeks after a women leaves her home and her abuser.  
Emergency shelter  
Information and useful resources  
Off the street service open every Monday to Friday 8 - 4.30pm.

Safe Haven Shelter & Resource Center  
414 West 1st Street  
Duluth  
MN 55802  
218-623-1000 Resource Ctr  
[www.facebook.com/SafeHavenShelterandResourceCenter/](http://www.facebook.com/SafeHavenShelterandResourceCenter/)

**Edina**

Hotline 952-924-8200  
Emergency shelter for women and their children fleeing a domestic violence situation.

Fairview Womenkind  
6401 France Ave South  
Edina  
MN 55435  
612-892-2500 Office

**Elbow Lake**

Hotline 800-974-3359  
24 Hour crisis hotline  
Medical and legal advocacy service  
Community education  
Support groups for domestic violence and sexual assault  
Serving Big Stone, Douglas, Grant, Otter Tail, Pope, Stevens, Traverse, Wadena and Wilkin Counties

SomePlace Safe  
Elbow Lake  
MN 56531  
218-685-4203 Office  
[grant.co@someplacesafe.info](mailto:grant.co@someplacesafe.info)  
[www.facebook.com/someplacesafe](http://www.facebook.com/someplacesafe)

[info@someplacesafe.info](mailto:info@someplacesafe.info)

**Faribault**

Hotline 800-607-2330  
24 Hour safe hotline  
Help for survivors of sexual and domestic violence  
Transportation to safe house  
Legal advocacy  
Community education  
Support groups for survivors of domestic violence & sexual assault  
Contact Kari 507-332-0882 for info

Hope Center  
1003 7th Street N.W.  
Faribault  
MN 55021  
507-332-0882 Office

[www.hopocentermn.org](http://www.hopocentermn.org)

**Fergus Falls**

Hotline 800-974-3359  
24 Hour crisis hotline  
Medical and legal advocacy service  
Community education  
Support groups for domestic

SomePlace Safe  
Fergus Falls  
MN 56358  
218-739-2853 Office  
[www.facebook.com/someplacesafe](http://www.facebook.com/someplacesafe)

[info@someplacesafe.info](mailto:info@someplacesafe.info)

violence and sexual assault  
Serving Big Stone, Douglas, Grant,  
Otter Tail, Pope, Stevens, Traverse,  
Wadena and Wilkin Counties

<b>Forest Lake</b>	We are dedicated to offering hope and help to people who struggle with domestic and sexual abuse. A wide range of counseling and psychiatry available	Canvas Health Forest Lake MN 55025 651-777-5222 Office	<a href="http://www.canvashealth.org">www.canvashealth.org</a>
<b>Gaylord</b>	Hotline 1-800-477-0466 TEXT Hotline 507-223-4200 Emergency shelter for domestic and sexual violence victims. Legal advocacy. Support for victims and survivors.	Cada of Sibley County 112 5th Street Gaylord MN 55334 507-233-6666 Office	<a href="http://www.cadamn.org">www.cadamn.org</a>
<b>Glenwood</b>	Hotline 800-974-3359 24 Hour crisis hotline Medical and legal advocacy service Community education Support groups for domestic violence and sexual assault Serving Big Stone, Douglas, Grant, Otter Tail, Pope, Stevens, Traverse, Wadena and Wilkin Counties	SomePlace Safe Glenwood MN 56334 302-634-3483 Office <a href="mailto:pope.co@someplacesafe.info">pope.co@someplacesafe.info</a> <a href="https://www.facebook.com/someplacesafe">www.facebook.com/someplacesafe</a>	<a href="mailto:info@someplacesafe.info">info@someplacesafe.info</a>
<b>Golden Valley</b>	Offering a 9 step, 19 week support group for women who are dealing with the effects of childhood sexual abuse Call 763-566-0088 for group details	NewPath Mental Health Services 8441 Wayzata Blvd Suite 160 Golden Valley MN 55426 763-566-0088 Office <a href="https://www.facebook.com/newpathmentalhealth/">www.facebook.com/newpathmentalhealth/</a>	<a href="http://www.newpathmhs.com/">www.newpathmhs.com/</a>
<b>Grand Marais</b>	Hotline 218-387-1237 24 hours We have been in existence for over twenty five years and our mission has remained the same, serving men, women and children affected by violence. ort term safe housing Short term safe housing Information and referrals Support and educational groups.	Violence Prevention Center 21 West Second Street PO Box 134 Grand Marais MN 55604 218-387-1262 Office <a href="http://www.violencepreventioncenter.org/">www.violencepreventioncenter.org/</a>	<a href="mailto:hope4u@boreal.org">hope4u@boreal.org</a>
<b>Grand Rapids</b>	24/7 Hotline 1-800-909-8336 Intervention Program for women Emergency safe shelter Advocacy for victims of domestic violence 13 Steps to Empowerment group These groups provide a safe space for battered women to discuss their abuse and to learn the 13 steps designed to walk them through the fundamentals of becoming self empowered.	Advocates for Family Peace 1611 NW 4th Street Grand Rapids MN 55744 218-326-0388 Office <a href="mailto:help@stopdomesticabuse.org">help@stopdomesticabuse.org</a> <a href="#">Advocates for Family Peace   Facebook</a>	
<b>Grand Rapids</b>	Hotline 800-708-2727 Or 1-866-747-5008 Toll free	Support Within Reach 1325 N.W. 4th Street	<a href="http://www.supportwithinreach.org">www.supportwithinreach.org</a> <a href="mailto:contact@supportwithinreach.org">contact@supportwithinreach.org</a>

24 Hour crisis hotlines  
For support to anyone dealing with sexual violence  
Assistance with P.P.O.  
SMART and SANE Programs  
Community education  
Ongoing counseling  
Support group available  
All services FREE of charge

Grand Rapids  
MN 55744  
218-326-5008 Office

**Granite Falls**

Hotline 800-639-2350 Toll Free  
Our mission is to eliminate the problem of domestic violence in the communities of Southwest Minnesota by providing battered women's services and referrals to lawyers, doctors, counselors and financial advisors.

Women's Rural Advocacy Programs  
PO Box 87  
Granite Falls  
MN 56241  
320-564-2422 Office / Hotline

[www.letswrap.com](http://www.letswrap.com)

**Hibbing**

Hotline 1-800-909-8336  
Intervention Program for women  
Emergency safe shelter  
Advocacy for victims of domestic violence  
13 Steps to Empowerment group  
These groups provide a safe space for battered women to discuss their abuse and to learn the 13 steps designed to walk them through the fundamentals of becoming self empowered.

Advocates for Family Peace  
2125 East 2nd Avenue  
Suite 44  
Hibbing  
MN 55746  
218-326-0388 Main Office

[Advocates for Family Peace | Facebook](#)

**Hinckley**

Hotline 24/7 320-384-7113  
24 Hour crisis hotline  
Network of safe homes  
Medical and legal advocacy  
Support groups available

WINDOW  
PO Box 739  
Hinckley  
MN 55037

**Hokah**

24hr Hotline 1-866-367-4297  
We provide no judgemental, crisis intervention, advocacy, support and resources to victims of domestic violence, sexual assault, child abuse and homelessness.  
Emergency shelter  
Personal and legal advocacy  
Domestic violence support groups  
Sexual assault support groups

Bluff Country Family Resources  
114 Main Street  
PO Box 294  
Hokah  
MN 55941  
507-894-2676 Office

[bcfr@acegroup.cc](mailto:bcfr@acegroup.cc)

[www.facebook.com/pages/Bluff-Country-Family-Resources/158302514212247](http://www.facebook.com/pages/Bluff-Country-Family-Resources/158302514212247)

**Hopkins**

24hr Shelter Hotline 952-933-7422  
Sojourner Truth was a courageous and selfless woman, who worked tirelessly for justice, equality and women's rights. We offer safe, secure shelter and confidentiality for women and their children who are unsafe in their homes. community advocates provide assistance with protection orders  
Two support groups in the western Suburban area. The community

Sojourner Project  
PO Box 272  
Hopkins  
MN 55343  
952-933-7433 Office

[www.sojournerproject.org](http://www.sojournerproject.org)  
[info@sojournerproject.org](mailto:info@sojournerproject.org)

out reach number 952-935-1004.

<b>Hutchinson</b>	National DV Line 1-800-788-7233 DV Advocate 1-800-934-0851 We serve men, women and children throughout Mcleod County. We provide safety planning Emergency shelter & transportation Legal options and advocacy Help filing for protection orders Spanish speaking advocates Support group is available.	McLeod Alliance for Victims of Domestic Violence PO Box 939 101 Main Street South Hutchinson MN 55350 320-234-7933 Office	<a href="http://www.mcleodalliance.org">www.mcleodalliance.org</a> <a href="mailto:info@mcleodalliance.org">info@mcleodalliance.org</a>
<b>International Falls</b>	Hotline 1-888-344-3264 Toll free 24 Hour hotline Temporary safe shelter Advocacy for domestic abuse and sexual violence victims Referrals to local support groups	Friends Against Abuse International Falls MN 56649 218-285-7220 Office/Hotline	<a href="http://www.friendsagainstabuse.com">www.friendsagainstabuse.com</a> <a href="mailto:info@friendsagainstabuse.com">info@friendsagainstabuse.com</a>
<b>International Falls</b>	Support group for adult survivors of childhood sexual abuse, incest violence, rape and sexual assault. to join this chapter contact Margie <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a>	Lamplighter Movement International Falls Minnesota	<a href="http://www.thelamplighters.org">www.thelamplighters.org</a> <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a>
<b>International Falls</b>	Hotline 218-283-9334 Support for Sexual abuse survivors Provides support groups for non-offending women Serving Koochiching County	Sunrise Center Against Sexual Abuse 203 3rd Street International Falls MN 56649 218-283-9334 Office/Hotline <a href="http://www.supportforpartners.org/support_groups.html">www.supportforpartners.org/support_groups.html</a>	
<b>Jackson</b>	Hotline 800-376-4311 Youth TEXT Line 218-666-6336 We provide crisis advocacy Information and referrals Safe emergency shelter Help with protection orders Emergency transportation General support.	Southwest Crisis Center Jackson MN 56143 507-800-1260 Office	<a href="mailto:info@mnsbcc.org">info@mnsbcc.org</a> <a href="http://www.mnsbcc.org/">www.mnsbcc.org/</a>
<b>Kasson</b>	24 Hour Hotline 507-285-1010 We provide services for battered women and their children. Shelter, Adovacy, Intervention Court services Criminal court advocacy Transportation / Accompany to appointments.	Dodge County Advocacy Program. A program of Women's Shelter, Inc PO Box 457 Rochester MN 55903 507-285-1938 Office 507-287-0553 Fax	<a href="http://www.womens-shelter.org">www.womens-shelter.org</a> <a href="mailto:info@womens-shelter.org">info@womens-shelter.org</a>
<b>Lake Elmo</b>	Hotline 651-770-8544 We are dedicated to ending the problem of domestic violence and child abuse in the Lake Elmo area	Family Violence Network PO Box 854 Lake Elmo MN 55042 651-770-8544 Office	
<b>Lakeville</b>	Recovering from Sexual Abuse This is a six month group allowing the participants to explore the impact and healing practice of	Kris Aydt Lakeville MN 55044 952-808-1400 Office	<a href="http://www.lakevilletherapy.com">www.lakevilletherapy.com</a> <a href="mailto:krisaydt@lakevilletherapy.com">krisaydt@lakevilletherapy.com</a>

recovery from sexual abuse  
Meets Saturday 10 am  
Cost \$40 - \$60

<b>Le Center</b>	Assistance with legal and court procedures, assistance with filing for Protection Orders, assistance at the court hearings, referrals and information about other agencies.	La Sueur County Victim/witness Program 88 South Park Avenue Le Center MN 56057 507-357-8512 Office <a href="http://www.co.le-sueur.mn.us/384/Victim-Witness-Program">www.co.le-sueur.mn.us/384/Victim-Witness-Program</a>	
<b>Little Falls</b>	24hr Hotline 320-632-4878 Or 1-888-454-4878 Toll free 24 Hour Helplines Emergency safe housing Support and advocacy for people who have been sexually abused or assault or have been battered emotionally, physically, sexually or psychologically. Individual or group support available.	Hands of Hope Resource Ctn PO Box 67 Little Falls MN 56345 320-632-1657 Office	<a href="http://www.handsofhope.net">www.handsofhope.net</a> <a href="mailto:advocates@handsofhope.net">advocates@handsofhope.net</a>
<b>Long Prairie</b>	Hotline 800-682-4547 Or 1-888-454-4878 Toll free 24 Hour Helplines Emergency safe housing Support and advocacy for people who have been sexually abused or assault or have been battered emotionally, physically, sexually or psychologically Individual or group support available	Hands of Hope Resource Ctn PO Box 171 Long Prairie MN 56347 320-732-2319 Office	<a href="http://www.handsofhope.net">www.handsofhope.net</a> <a href="mailto:advocates@handsofhope.net">advocates@handsofhope.net</a>
<b>Luverne</b>	Hotline 800-376-4311 We provide crisis advocacy Information and referrals Safe emergency shelter Help with protection orders Emergency transportation General support.	Southwest Crisis Center Luverne MN 56156 507-283-9917 office	<a href="mailto:info@mnsbcc.org">info@mnsbcc.org</a> <a href="http://www.mnsbcc.org/">www.mnsbcc.org/</a>
<b>Mahnomen</b>	Hotline 800-474-9319 We were established in 1996 to provide support and assistance to victims of crime Help filing for protection orders Accompaniment to medical exams Assistance with safety planning Accompaniment to court and to legal proceedings Referrals to other agencies for assistance.	Mahnomen County Victim Services 311 North Main Street Mahnomen County Victim MN 56557 218-935-9319 Office <a href="http://www.co.mahnomen.mn.us/">www.co.mahnomen.mn.us/</a> Under County Departments A-H	
<b>Mankato</b>	Hotline 1-800477-0466 CADA Mankato 24 Hour crisis hotline Emergency shelter for domestic and sexual violence Legal advocacy Support for victims and survivors.	CADA Inc Mankato 100 Stadium Court PO Box 466 Mankato 507-934-5583 Office	<a href="http://www.cadaMN.org">www.cadaMN.org</a>

<b>Mankato</b>	<p>Hotlines 651-222-4731  Or 651-224-7301 For seniors  Or 1-888-575-2954 Rural Counties  100 Years strong: And the ongoing pursuit of equal rights and equal justice. Our protection from domestic abuse and child custody program, protects the safety of children and parents who have experienced physical or sexual abuse. We closely coordinate with bettered women's shelters.  Serving Blue Earth, Brown, LeSueur, Martin, Mcleod, Nicollet, Sibley, Waseca and Watonwan Counties</p>	<p>SMRLS  Mankato  MN 56001  507-396-6815 Office</p>	<p><a href="http://www.smrls.org">www.smrls.org</a>  <a href="mailto:mankato@smrls.org">mankato@smrls.org</a></p>
<b>Maplewood</b>	<p>Hotline 612-825-0000  We help women, children and families with relationship violence. We are the states largest provider of domestic violence services with over 20% of Minnesota beds for women and children experiencing family violence.  2 Metro comestic violence shelters  Affordable transitional housing  Criminal court advocacy  Legal clinics call 612-870-2426  Eldercare Rights Alliance  Youth support groups  "Pieces of Peace" support group meets Tuesdays at 7 - 8.30 pm  "It's time for me" support group meets Mondays at 4.30 - 5.30 pm.</p>	<p>Tubman Family Crisis and Support Services.  1725 Monastery Way  Maplewood  MN 55109  551-789-6770 Office</p>	<p><a href="http://www.tubman.org">www.tubman.org</a></p>
<b>Marshall</b>	<p>Hotline 1-800-881-7493 Toll free  24 Hour 7 day hotline  Help with HRO and OFP  Medical and legal advocacy  Crisis Counseling.</p>	<p>New Horizons Crisis Center  Marshall  MN 56258  507-532-5764 Office  <a href="https://www.facebook.com/NewHorizonsCrisisC/">www.facebook.com/NewHorizonsCrisisC/</a>  <a href="http://www.newhorizonscrisiscenter.org/">www.newhorizonscrisiscenter.org/</a></p>	<p><a href="mailto:nhcc@iw.net">nhcc@iw.net</a></p>
<b>Marshall</b>	<p>Hotline 800-639-2350 Toll Free  Our mission is to eliminate the problem of domestic violence in the communities of Southwest Minnesota by providing battered women's services and referrals to lawyers, doctors, counselors and finacial advisors.</p>	<p>Women's Rural Advocacy Programs  PO Box 1193  Marshall  MN 56258  507-532-9532 Office</p>	<p><a href="http://www.letswrap.com">www.letswrap.com</a>  <a href="mailto:lyon@letswrap.com">lyon@letswrap.com</a></p>
<b>McGregor</b>	<p>DV Hotline 866-867-4006  Please call if you have domestic violence issues and you need information.</p>	<p>Mille Lacs Band of Chippewa Indians Women's Programs  PO Box 416  McGregor  MN 55670  Shelter 320-495-3514</p>	<p><a href="http://www.millelacsband.com/">www.millelacsband.com/</a></p>
<b>Milaca</b>	<p>1-800-933-6914 DV/SA Hotline  We will support survivors of domestic and sexual violence through direct services, prevention</p>	<p>Pearl Crisis Center  PO Box 42  Milaca  MN 56353</p>	<p><a href="http://www.pearlcrisiscenter.com">www.pearlcrisiscenter.com</a></p>

and community awareness.  
Help finding emergency shelter  
Help filing for protection order  
Accompaniment to court hearings  
Accompaniment to hospitals and  
with law enforcement  
Weekly support groups for domestic  
and sexual violence survivors.

320-982-2901 Office

**Minneapolis**

Hotline 612-724-8823  
We are made up of men and women  
who believe in every women's right  
to a life of peace and happiness.  
That includes a life free from  
emotional, physical or sexual abuse  
Safe shelter, court room advocacy,  
help with Protection Orders,  
Personal and group support.

Asian Women United of MN  
PO Box 6223  
Minneapolis  
MN 55406  
612-724-0756 Office

[www.awum.org](http://www.awum.org)  
[awum@awum.org](mailto:awum@awum.org)

**Minneapolis**

24 Hour Hotline 612-626-9111  
Our mission is to serve all victims,  
survivors or concerned people of  
sexual and relationship violence at  
the univeristy of Minnesota.  
We provide a range of services.  
On campus support groups, for  
details call 612-626-9111

Aurora Center  
Suite 117 Appleby Hall  
128 Pleasant Street SE  
Minneapolis  
MN 55455  
612-626-2929 Office

[aurora@umn.edu](mailto:aurora@umn.edu)

[www.facebook.com/theauroracenter/](https://www.facebook.com/theauroracenter/)

**Minneapolis**

Action Line 800-313-2666  
We seek justice for women by  
removing barriers, empowering  
victims and ensuring they have  
access to skilled effective advocates.  
Stalking Response Program  
Immigrant Battered women's  
initiative and DIVC teams to oversee  
the legal processes. See website  
for details.

STANDPOINT  
1611 Park Avenue  
Suite 2  
Minneapolis  
MN 55404  
800-313-2666 Office / Helpline  
[info@standpointmn.org](mailto:info@standpointmn.org)

[www.standpointmn.org/](http://www.standpointmn.org/)

**Minneapolis**

Provides listings of ongoing  
support groups for women who  
are victims of domestic violence  
Serving Anoka, Carver, Dakota,  
Hennepin, Ramsey, Scott and  
Washington Counties.

Domestic Abuse Project  
Minneapolis  
MN 55404  
612-874-7063 Ext 200 Office  
[dap@mndap.org](mailto:dap@mndap.org)

[www.domesticabuseproject.org](http://www.domesticabuseproject.org)

**Minneapolis**

Our programs are delveloped to  
reflect the needs of our families and  
tailored to address issues that  
significantly affect their wellbeing.  
Our treatment program Nokomis  
Endaad addresses the intersection  
of sexual trauma, chemical  
dependency and mental illness as  
experienced by Native American  
women, and Sacred Journey which  
includes sexual assault advocacy  
and harm reduction programs for  
women of all ages including those  
who have been sex trafficked.

Minnesota Indian Women's  
Resource Center  
2300 15th Avenue South  
Minneapolis  
MN 55404  
612-728-2000 Office

[www.miwrc.org](http://www.miwrc.org)  
[hreynolds@miwrc.org](mailto:hreynolds@miwrc.org)

**Minneapolis**

Anti Violence Line 800-800-0350

Outfront Minnesota

[www.outfront.org](http://www.outfront.org)

	We offer advocacy services to LGBTQA-identified survivors of partner violence, sexual assault or hate crimes.	310 East 38th Street Suite 204 Minneapolis MN 55409 612-822-0127 Office	<a href="mailto:access@outfront.org">access@outfront.org</a>
<b>Minneapolis</b>	The SAFE program provides culturally-specific support for African, African American and multi-cultural women who are involved in or are survivors of domestic violence. SAFE education, assistance and support groups are offered to develop and maintain safe and stable living situations. For support group details contact Dona Evans on 612-238-2393	Sister's Advocating for Empowerment (S.A.F.E) Minneapolis MN 55408 612-813-5006 Office	<a href="http://www.180degrees.org/">www.180degrees.org/</a>
<b>Minneapolis</b>	Hotline 612-871-5111 24 Hour FREE crisis hotline Medical and legal advocacy 10 FREE crisis counseling sessions A variety of support groups available to men, women and children Call 612-871-5111 for group details	SVC 3757 Fremont Avenue N. Minneapolis MN 55412 952-448-5425 Office	<a href="http://www.sexualviolencecenter.org">www.sexualviolencecenter.org</a>
<b>Minneapolis</b>	Hotline 612-825-0000 We help women, children and families with relationship violence. We are the states largest provider of domestic violence services with over 20% of Minnesota beds for women and children experiencing family violence. 2 Metro domestic violence shelters Affordable transitional housing Criminal court advocacy Legal clinics call 612-870-2426 Eldercare Rights Alliance Youth support groups "Pieces of Peace" support group meets Tuesdays at 7 - 8.30 pm "It's time for me" support group meets Mondays at 4.30 - 5.30 pm	Tubman Family Crisis and Support Services. 3111 First Avenue South Minneapolis MN 55408 612-825-3333 Office	<a href="http://www.tubman.org">www.tubman.org</a>
<b>Minneapolis</b>	Abuse survivors group open to men and women who have been sexually abused in childhood or adolescence. For group details call Peter on 952-334-1603 Paul on 651-214-1603	Twin Cities Men's Center 3249 Hennepin Avenue South Suite 55 Minneapolis MN 55408 612-822-5892 Office	<a href="http://www.tcmc.org">www.tcmc.org</a>
<b>Montevideo</b>	Or 1-807-92-4210 Shelter Toll Free The safe Avenues mission is to provide safety, support and empowerment for victims of abuse and for families in turmoil. Emergency shelter Domestic violence advocacy Sexual assault advocacy Criminal justice intervention program Project impact youth.	Safe Avenues PO Box 54 Montevideo MN 56365 320-321-1199 Office	<a href="http://www.willmarshelter.com">www.willmarshelter.com</a> <a href="mailto:jeni@willmarshelter.com">jeni@willmarshelter.com</a>

<b>Monticello</b>	Support group for adult survivors of childhood sexual abuse, incest violence, rape and sexual assault. to join this chapter contact Margie <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a>	Lamplighter Movement Monticello Minnesota	<a href="http://www.thelamplighters.org">www.thelamplighters.org</a> <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a>
<b>Monticello</b>	763-295-3433 24 hour crisis line Abuse victims support group .There are two weekly evening support groups for women who have been physically, emotionally verbally or sexually abused. One group meets in Sherburne County the other in Wright County Call for further details	Rivers of Hope PO Box 511 Monticello MN 55362 763-295-3433 Office / Hotline	<a href="http://www.riversofhope.org">www.riversofhope.org</a> <a href="mailto:info@riversofhope.org">info@riversofhope.org</a>
<b>Moorhead</b>	Hotline 1-800-556-9661 Advocacy services included: Shelter assistance Transportation assistance Coordination with legal systems Court advocacy Access to counseling Services in English & Spanish	Battered Women's Program & Sexual Assault Intervention Moorhead Minnesota 218-236-6502 Office <a href="http://www.chsclinics.org/victim-advocacy-program/">www.chsclinics.org/victim-advocacy-program/</a>	
<b>Mora</b>	Hotline 1-800-338-7233 We are a multi community agency who's primary purpose is to provide supportive services for people who are currently involved or have been involved in an abusive relationship. 24 Hour crisis intervention Emergency shelter / safe housing Personal and legal advocacy Support through the court system FREE confidential support group Thursday 10-11.30am call the office for more details.	The Refuge Network 310 Forest Avenue East Mora MN 55051 320-679-1737 Office	
<b>Morris</b>	Hotline 800-974-3359 24 Hour crisis hotline Medical and legal advocacy service Community education Support groups for domestic violence and sexual assault Serving Big Stone, Douglas, Grant, Otter Tail, Pope, Stevens, Traverse, Wadena and Wilkin Counties.	SomePlace Safe Morris MN 56267 320-589-9926 Office <a href="mailto:stevens.co@someplacesafe.info">stevens.co@someplacesafe.info</a> <a href="http://www.facebook.com/someplacesafe">www.facebook.com/someplacesafe</a>	<a href="mailto:info@someplacesafe.info">info@someplacesafe.info</a>
<b>Nett Lake</b>	Our services are offered to domestic violence and sexual assault victims. We provide safety planning and emergency shelter, help filing for protection orders, legal advocacy, obe to one and group support.	Bois Forte Victim Services 13071 Nett Lake Road Suite B Nett Lake MN 55771 218-757-0233 Office <a href="http://www.boisforte.com/">www.boisforte.com/</a>	
<b>New Ulm</b>	Hotline 1-800477-0466 24 Hour crisis hotline Emergency shelter for domestic and sexual violence	CADA of Brown County 700 North Broadway PO Box 671 New Ulm	<a href="http://www.cadaMN.org">www.cadaMN.org</a>

	Legal advocacy Support for victims and survivors Se website for more information	507-233-6663 Office <a href="mailto:outreachgroup@cadamn.org">outreachgroup@cadamn.org</a>	
<b>Oakdale</b>	We are dedicated to offering hope and help to people who struggle with domestic and sexual abuse. A wide range of counseling and psychiatry available	Canvas Health Oakdale MN 55128 651-777-5222 Office	<a href="http://www.canvashealth.org">www.canvashealth.org</a>
<b>Olivia</b>	1-800-792-4210 Shelter Toll Free The safe Avenues mission is to provide safety, support and empowerment for victims of abuse and for families in turmoil. Emergency shelter Domestic violence advocacy Sexual assault advocacy Criminal justice intervention program Project impact youth.	Safe Avenues PO Box 65 Olivia MN 56277 320-523-1015 Office	<a href="http://www.willmarshelter.com">www.willmarshelter.com</a>
<b>Ortonville</b>	Hotline 800-974-3359 24 Hour crisis hotline Medical and legal advocacy service Community education Support groups for domestic violence and sexual assault Serving Big Stone, Douglas, Grant, Otter Tail, Pope, Stevens, Traverse, Wadena and Wilkin Counties	SomePlace Safe Ortonville MN 56278 320-839-2331 Office <a href="mailto:bigstone.co@someplacesafe.info">bigstone.co@someplacesafe.info</a> <a href="http://www.facebook.com/someplacesafe">www.facebook.com/someplacesafe</a>	<a href="mailto:info@someplacesafe.info">info@someplacesafe.info</a>
<b>Owatonna</b>	Hotline 800-451-1202 24 hours We provide support and services to victims of domestic violence, sexual assault, child abuse and children who have witnessed abuse. Advocacy and Support Court Accompaiment Crisis Information Safety planning and Support groups.	Crisis Resource Center of Steele County Owatonna MN 55060 507-451-1202 Office <a href="http://www.helpinghandsofsteel.com/crisisresourcecenter.html">www.helpinghandsofsteel.com/crisisresourcecenter.html</a>	
<b>Park Rapids</b>	Hotline 1-800-939-2199 We are a non profit agency dedicated to serving all victims of domestic violence and child abuse.	Family Crisis Center Headwaters Intervention Ctr Park Rapids MN 56470 218-732-7413 Office	
<b>Pipestone</b>	Hotline 800-376-4311 Youth Text Line 218-666-8336 We provide crisis advocacy Information and referrals Safe emergency shelter Help with protection orders Emergency transportation General support	Southwest Crisis Center Pipestone MN 56164 507-825-5688 Office	<a href="mailto:info@mnsbcc.org">info@mnsbcc.org</a> <a href="http://www.mnsbcc.org/">www.mnsbcc.org/</a>
<b>Plymouth</b>	Hotline 763-559-4945 We opened in 1980 providing battered women with immediate safety and the opportunity to explore alternatives to living with a violent partner.	Home Free Shelter Plymouth MN 55441 763-545-7080 Office <a href="http://www.missionsinc.org/programs/home-free">www.missionsinc.org/programs/home-free</a>	

Emergency shelter  
Our community program serves residents of northwest Hennepin County, providing direct legal advocacy, access to civil & criminal remedies through the court system and education and support groups  
FREE child care available

<b>Preston</b>	24 Hour Hotline 507-285-1010 We provide services for battered women and their children. Shelter, Advovacy, Intervention Court services Criminal court advocacy Transportation / Accompany to appointments.	Fillmore County Advocacy Program. A program of Women's Shelter, Inc PO Box 457 Rochester MN 55903 507-285-1938	<a href="http://www.womens-shelter.org">www.womens-shelter.org</a> <a href="mailto:info@womens-shelter.org">info@womens-shelter.org</a>
<b>Redwood Falls</b>	Hotline 1-800-881-7493 Toll free 24 Hour 7 day hotline Help with HRO and OFP Medical and legal advocacy Crisis Counseling	New Horizons Crisis Center Redwood Falls MN 56283 507-637-5570 Office <a href="https://www.facebook.com/NewHorizonsCrisisC/">www.facebook.com/NewHorizonsCrisisC/</a> <a href="http://www.newhorizonscrisiscenter.org/">www.newhorizonscrisiscenter.org/</a>	<a href="mailto:nhcc@iw.net">nhcc@iw.net</a>
<b>Redwood Falls</b>	Hotline 800-639-2350 Toll Free Local Hotline 507-637-3040 Our mission is to eliminate the problem of domestic violence in the communities of Southwest Minnesota by providing battered women's services and referrals to lawyers, doctors, counselors and finacial advisors.	Women's Rural Advocacy Programs PO Box 183 Redwood Falls MN 56283 507-637-3040 Office / Hotline	<a href="http://www.letswrap.com">www.letswrap.com</a> <a href="mailto:redwood@letswrap.com">redwood@letswrap.com</a>
<b>Robbinsdale</b>	Hotline 763-581-3940 24 Hour hotline Advocacy serives Domestic abuse support groups Call 763-581-3942 for group details <a href="http://www.northmemorial.com/specialty/safejourney/">www.northmemorial.com/specialty/safejourney/</a>	North Memorial Hospital - Domestic Abuse Advocacy Robbinsdale MN 55422 763-581-3940 Office/ Hotline	<a href="mailto:SafeJourney@northmemorial.com">SafeJourney@northmemorial.com</a>
<b>Rochester</b>	100 Years strong: And the ongoing pursuit of equal rights and equal justice.Our protection from domestic abuse and child custody program, protects the safety of children and parents who have experienced physical or sexual abuse. We closely coordinate with bettered women's shelters.	SMRLS Rochester MN 55902 507-292-0080 Office	<a href="http://www.smrls.org">www.smrls.org</a> <a href="mailto:rochester@smrls.org">rochester@smrls.org</a>
<b>Rochester</b>	Hotline 507-289-0636 24 Hour crisis hotline Advocacy and support to help meet the needs of crime victims	Victim Services Rochester MN 55904 507-328-7270 Office	<a href="http://www.co.olmsted.mn.us">www.co.olmsted.mn.us</a>
<b>Rochester</b>	Hotline 507-285-1010 We provide services for battered women and their children. Shelter, Advocacy, Intervention. Legal assistance, court services	Women's Shelter Inc PO Box 457 Rochester MN 55903 507-285-1938 Office	<a href="http://www.womens-shelter.org">www.womens-shelter.org</a> <a href="mailto:info@womens-shelter.org">info@womens-shelter.org</a>

Criminal Court advocacy  
Childrens programs  
Weekly support group  
Transportation / Accompany to  
appointments.

**Shakopee**

Or 1-888-575-2954 Rural Counties  
100 Years strong: And the ongoing  
pursuit of equal rights and equal  
justice. Our protection from domestic  
abuse and child custody program,  
protects the safety of children and  
parents who have experienced  
physical or sexual abuse. We closely  
coordinate with bettered women's  
shelters.

SMRLS  
Shakopee  
MN 55379  
952-402-9890 Office

[www.smrls.org](http://www.smrls.org)  
[shakopee@smrls.org](mailto:shakopee@smrls.org)

**Slayton**

Hotline 1-800-881-7493 Toll free  
24 Hour 7 day hotline  
Help with HRO and OFP  
Medical and legal advocacy  
Crisis Counseling

New Horizons Crisis Center  
Slayton  
MN 56172  
507-836-6272 Office

[nhcc@iw.net](mailto:nhcc@iw.net)

[www.facebook.com/NewHorizonsCrisisC/](https://www.facebook.com/NewHorizonsCrisisC/)  
[www.newhorizonscrisiscenter.org/](http://www.newhorizonscrisiscenter.org/)

**Stillwater**

We are dedicated to offering hope  
and help to people who struggle  
with domestic and sexual abuse.  
A wide range of counseling and  
psychiatry available.

Canvas Health  
Stillwater  
MN 55082  
651-777-5222 Office

[www.canvashealth.org](http://www.canvashealth.org)

**Stillwater**

Peer to Peer Organization serving  
Adult Survivors of Childhood Abuse.  
Weekly peer support group held in  
Stillwater MN.  
Please visit our web site for further  
details.

EmpowerSurvivors  
Stillwater  
MN  
Contact no. 651-323-4721

[www.empowersurvivors.net/](http://www.empowersurvivors.net/)

[www.facebook.com/EmpowerSurvivors/](https://www.facebook.com/EmpowerSurvivors/)  
[www.facebook.com/groups/EmpowerSurvivorsMinnesota/](https://www.facebook.com/groups/EmpowerSurvivorsMinnesota/)

**St. Cloud**

Local Hotline 320-253-6900  
Or Hotline 1-800-950-2203  
Women on a mission empowering  
night support group Wed 6.30-745  
Women investigating new goals &  
solutions group Tues 1.30 - 3.30 pm  
Call our office for group details

Anna-Marie's Alliance  
PO Box 367  
St. Cloud  
320-251-7203 Office  
320-258-3321 TTY Line

[www.annamaries.org/](http://www.annamaries.org/)

**St. Cloud**

Hotline 1-800-237-5090  
Local Hotline 320-251-4357  
FREE empowerment and assertive  
ness support group for adult female  
assault victims  
Call 320 251-4357 for group details.

Central Minnesota Sexual  
Assault Center  
St Cloud  
MN 56304  
320-251-4357 Office / Hotline

[www.cmsac.org](http://www.cmsac.org)  
[cmsac@cmsac.org](mailto:cmsac@cmsac.org)

**St. James**

Hotline 1-800-477-0466  
24 Hour crisis hotline  
Emergency shelter for domestic  
and sexual violence  
Legal advocacy  
Support for victims and survivors  
For more information see website.

CADA of Watonwan County  
55 8th Street South  
PO Box 245  
St James  
507-375-3040 Office

[www.cadamn.org](http://www.cadamn.org)

**St. Paul**

Our mission is to educate and  
provide services to women and

Breaking Free  
PO Box 4366

[www.breakingfree.net](http://www.breakingfree.net)  
[breakingfree@breakingfree.net](mailto:breakingfree@breakingfree.net)

girls who have been victims of abuse and commercial sexual exploitation and need assistance escaping their violent lives. We offer advocacy and educational support groups, Relapse prevention groups, legal services and criminal justice advocacy programs. Pre court diversion which enables law enforcement to intervene on the victims behalf, transitional housing and permanent supportive housing and a street and prison outreach program.

St. Paul  
MN 55104  
651-645-6557 Office

**St. Paul** 24hr Hotline 651-772-1611  
We are a latina organization in both staffing and approach, we work to improve social capital because we believe that it decreases domestic violence. We offer youth education information and education  
El Regugio emergency shelter  
Family advocates working for women and their children  
Court advocacy and advocates for Latinas that choose to stay in their homes.

Esperanza United  
PO Box 40115  
St Paul  
MN 55104  
651-646-5553 Office  
[Home - Esperanza United](#)

[Home - Esperanza United](#)

**St. Paul** Trauma Resolution Group  
This group is focused on resolving childhood trauma, abuse, neglect. By accessing body, emotion and cognitive memory of childhood events that are unresolved  
Every Thursday 3.30 - 6 pm  
Cost \$60 - \$70

Mr Michael Kogan-White  
St Paul  
MN 55104  
651-964-0945 Office

**St. Paul** 24/7 Hotline 651-266-1000  
FREE open support group for those who have experienced rape or childhood sexual abuse  
Meets Mondays 6 - 7.30 pm  
Call our Office for group details

Ramsey County S.O.S.  
St Paul  
MN 55104  
651-266-1000 Office / Hotline

**St. Paul** Or 1-888-575-2954 Rural Counties  
100 Years strong: And the ongoing pursuit of equal rights and equal justice. Our protection from domestic abuse and child custody program, protects the safety of children and parents who have experienced physical or sexual abuse. We closely coordinate with bettered women's shelters.

SMRLS  
1000 Alliance Bank Center  
55 East 5th Street  
St. Paul  
MN 55101  
651-228-9823 Office  
[smrls.administration@smrls.org](mailto:smrls.administration@smrls.org)

[www.smrls.org](http://www.smrls.org)

**St. Paul** Local Hotline 651-645-2824  
Or MN DV Line 1-866-223-1111  
We exist to eliminate domestic violence against women and children and the social system's responses which condone or allow it to happen

St. Paul Domestic Abuse  
Intervention Project  
1509- Marshall Avenue  
St. Paul  
MN 55104  
651-645-2824 Office / Hotline

[www.stpaulintervention.org](http://www.stpaulintervention.org)

Acute intervention services  
Systems advocacy program  
Hospital/clinic advocacy program  
Multicultural outreach projects.

<b>St. Paul</b>	24/7 Hotline 651-251-1609 Eagles Nest emergency shelter providing a safe secure shelter for women and their children. Outreach community engagement Community education and legal advocacy, we also offer support groups, one on one's and home visits.	Women of Nations PO Box 7125 St. Paul MN 55107 651-251-1605 Office	
<b>Thief River Falls</b>	Hotline 218-681-0881 Our mission is to protect your rights as a victim. We offer FREE advocacy and information.	Pennington County Crime Victim Services PO Box 396 Thief River Falls MN 56701 218-681-0881 Office / Hotline	<a href="mailto:kstavnes@co.pennington.mn.us">kstavnes@co.pennington.mn.us</a>
<b>Thief River Falls</b>	Hotline 1-800-660-6667 Local Hotline 218-681-5557 Anonymous calls are accepted VIP is a private non profit agency that serves victims of domestic violence in Pennington and Red Lake Counties. Emergency housing Legal advocacy Help filing for protection orders Accompaniment to court hearings and other important appointments (Umbrella Tree) program for children Support groups for victims of abuse. <a href="http://www.facebook.com/Violence-Intervention-Project-490897814291459/">www.facebook.com/Violence-Intervention-Project-490897814291459/</a>	Violence Intervention Project PO Box 96 Thief River Falls MN 56701 218-681-5557 Office / Hotline <a href="http://www.violenceintervention.org/">www.violenceintervention.org/</a>	
<b>Tower</b>	Hotline 1-800-747-1218 Our services are offered to domestic violence and sexual assault victims. We provide safety planning and emergency shelter, help filing for protection orders, legal advocacy, obe to one and group support.	Bois Forte Victim Services 1610 Farm Road South Tower MN 55790 218-753-2347 Office <a href="http://www.boisforte.com/">www.boisforte.com/</a>	
<b>Two Harbors</b>	Emergency shelter Medical and legal advocacy Prevention and education Support groups for all ages	North Shore Horizons Two Harbors MN 55616 218-834-5924 Office	<a href="http://www.northshorehorizons.org">www.northshorehorizons.org</a> <a href="mailto:info@northshorehorizons.org">info@northshorehorizons.org</a>
<b>Wabasha</b>	24 Hour Hotline 507-285-1010 We provide services for battered women and their children. Shelter, Advocacy, Intervention Court services Criminal court advocacy Transportation / Accompany to appointments.	Wabasha County Advocacy Program. A program of Women's Shelter, Inc PO Box 457 Rochester MN 55903 507-285-1938 Main Office	<a href="http://www.womens-shelter.org">www.womens-shelter.org</a> <a href="mailto:info@womens-shelter.org">info@womens-shelter.org</a>
<b>Wadena</b>	Hotline 800-974-1010 24 Hour crisis hotline	SomePlace Safe Wadena	<a href="mailto:info@someplacesafe.info">info@someplacesafe.info</a>

Medical and legal advocacy service  
Community education  
Support groups for domestic violence and sexual assault  
Serving Big Stone, Douglas, Grant, Otter Tail, Pope, Stevens, Traverse, Wadena and Wilkin Counties

MN 56482  
218-631-3311 Office  
[wadena.co@someplacesafe.info](mailto:wadena.co@someplacesafe.info)  
[www.facebook.com/someplacesafe](http://www.facebook.com/someplacesafe)

**Walker**

Hotline 800-324-8151  
We are a non profit organization dedicated to providing confidential advocacy, support and referral services to domestic violence victims and their children.  
Emergency transportation  
Personal and legal advocacy  
Help with protection orders  
Accompaniment to court hearings  
Women's weekly support groups.

Family Safety Network  
PO Box 1162  
Walker  
MN 56484  
218-547-1636 Office

[www.familysafetynetwork.net](http://www.familysafetynetwork.net)  
[familysafety34@hotmail.com](mailto:familysafety34@hotmail.com)

**Warren**

VS Crisis Hotline 218-745-5523  
Our mission is to provide support and advocate for those affected by violence and abuse. All our services are FREE and confidential  
Referrals to emergency safe shelter  
Help filing for protection orders  
Accompaniment to law enforcement to court hearings or attorney's office  
Transport to appointments  
accompaniment to medical exams

Marshall County Victims Services  
208 East Colvin Avenue  
Suite 2  
Warren  
MN 65762  
218-745-5523 Office / Hotline  
[www.co.marshall.mn.us/departments/victim\\_services/index.php](http://www.co.marshall.mn.us/departments/victim_services/index.php)

**Waseca**

Hotline 1-800-477-0466  
TEXT Hotline 507-223-4200  
24 Hour crisis hotlines  
Emergency shelter for domestic and sexual violence  
Legal advocacy  
Support for victims and survivors  
See website for more information

CADA of Waseca & Le Sueur  
105 South State Street  
PO Box 348  
Waseca  
MN 56093  
507-385-7828 Office

[www.cadaMN.org](http://www.cadaMN.org)

**Wheaton**

Hotline 800-974-3359  
24 Hour crisis hotline  
Medical and legal advocacy service  
Community education  
Support groups for domestic violence and sexual assault  
Serving Big Stone, Douglas, Grant, Otter Tail, Pope, Stevens, Traverse, Wadena and Wilkin Counties

SomePlace Safe  
Wheaton  
MN 56296  
320-563-4121 Office  
[traverse.co@someplacesafe.info](mailto:traverse.co@someplacesafe.info)  
[www.facebook.com/someplacesafe](http://www.facebook.com/someplacesafe)

[info@someplacesafe.info](mailto:info@someplacesafe.info)

**Willmar**

Or 1-80792-4210 Shelter Toll Free  
The safe Avenues mission is to provide safety, support and empowerment for victims of abuse and for families in turmoil.  
Emergency shelter  
Domestic violence advocacy  
Sexual assault advocacy  
Criminal justice intervention program  
Project impact youth.

Safe Avenues  
PO Box 568  
Willmar  
MN 56201  
320-235-0475 Office

[www.willmarshelter.com](http://www.willmarshelter.com)  
[jeni@willmarshelter.com](mailto:jeni@willmarshelter.com)

<b>Windom</b>	<p>Hotline 800-376-4311          TEXT Hotline 218-666-8336          We provide crisis advocacy          Information and referrals          Safe emergency shelter          Help with protection orders          Emergency transportation          General support</p>	<p>Southwest Crisis Center          Windom          MN 56101          507-831-2244 Office  <a href="http://www.facebook.com/SouthwestCrisisCenter/">www.facebook.com/SouthwestCrisisCenter/</a></p>	<p><a href="mailto:info@mnsbcc.org">info@mnsbcc.org</a>  <a href="http://www.mnsbcc.org/">www.mnsbcc.org/</a></p>
<b>Winona</b>	<p>Or 1-888-575-2954 Rural Counties          100 Years strong: And the ongoing          pursuit of equal rights and equal          justice. Our protection from domestic          abuse and child custody program,          protects the safety of children and          parents who have experienced          physical or sexual abuse. We closely          coordinate with bettered women's          shelters.          Serving Dodge, Fillmore, Goodhue,          Houston, Olmsted, Wabasha and          Winona Counties.</p>	<p>SMRLS          Winona          MN 55897          507-454-6660 Office</p>	<p><a href="http://www.smrls.org">www.smrls.org</a>  <a href="mailto:winona@smrls.org">winona@smrls.org</a></p>
<b>Winona</b>	<p>24 Hour Hotline 507-452-4453          We believe in creating a safer          community by eliminating sexual          and domestic violence.          Our trained advocates are available          to respond to immediate and on-          going needs of victims of domestic          and sexual violence.  <a href="http://advocacywinona.org">Advocacy Center of Winona –          Empowering victims and survivors of          domestic and sexual violence.          (advocacywinona.org)</a></p>	<p>Women's Resource Center          of Winona          77 East 5th Street          Winona          507-452-4440 Office</p>	<p><a href="mailto:wrc@wrcofwinona.org">wrc@wrcofwinona.org</a></p>
<b>Worthington</b>	<p>Or 1-888-575-2954 Rural Counties          100 Years strong: And the ongoing          pursuit of equal rights and equal          justice. Our protection from domestic          abuse and child custody program,          protects the safety of children and          parents who have experienced          physical or sexual abuse. We closely          coordinate with bettered women's          shelters.          Serving Cottonwood, Jackson,          Murray, Nobles, Pipestone, Rock          and Redwood Counties.</p>	<p>SMRLS          Worthington          MN 56187          507-372-7368 Office</p>	<p><a href="http://www.smrls.org">www.smrls.org</a>  <a href="mailto:worthington@smrls.org">worthington@smrls.org</a></p>
<b>Worthington</b>	<p>Hotline 800-376-4311          TEXT Hotline 218-666-8336          We provide crisis advocacy          Information and referrals          Safe emergency shelter          Help with protection orders          Emergency transportation          General support.</p>	<p>Southwest Crisis Center          Worthington          MN 56187          507-376-4311 Office / Hotline  <a href="http://www.facebook.com/SouthwestCrisisCenter/">www.facebook.com/SouthwestCrisisCenter/</a></p>	<p><a href="mailto:info@mnsbcc.org">info@mnsbcc.org</a>  <a href="http://www.mnsbcc.org/">www.mnsbcc.org/</a></p>