

# National Association of Adult Survivors of Child Abuse [www.NAASCA.org](http://www.NAASCA.org)

*Note: Please send corrections, additions and updates to:* [maudnmildred@hotmail.com](mailto:maudnmildred@hotmail.com)

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
<b>MARYLAND</b>			
<b>National Helpline</b>	Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.	Childhelp Prevention and Treatment of Child Abuse.	<a href="http://www.childhelp.org">www.childhelp.org</a> <a href="mailto:info@childhelp.org">info@childhelp.org</a> Email support form on the website
<b>Southern Maryland</b>	This Group is for adults 18 + who suffered from physical, sexual or emotional abuse as a child. The Group will meet once per week for 2 hours following the STEP program as outlined by ASCAsupport.org This is not a therapy group. Members will work through the Survivor to Thriver manual. To join this group please follow the information in the the web address section.	Southern Maryland Adult Survivors of Child Abuse Huntingtown	<a href="http://www.ASCAsupport.org">www.ASCAsupport.org</a>
<b>Statewide</b>	Toll Free Hotline 1-800-983-7273 Statewide information and referral The Maryland Coalition Against Sexual Assault (MCASA) is the federally recognized state sexual assault coalition. It's core members are the state's 17 rape crisis and recovery centers, but it also represents the voices of many other professionals and service providers working with sexual assault survivors. Our mission is to help prevent sexual assault, advocate for accessible, compassionate care for survivors of sexual violence, and work to hold offenders accountable. MCASA provides policy advocacy, technical assistance training, outreach and prevention.	Maryland Coalition Against Sexual Assault 301-328-7023 Information	<a href="http://www.mcasa.org">www.mcasa.org</a> <a href="mailto:info@mcasa.org">info@mcasa.org</a>
<b>Statewide</b>	Toll Free 877-496-SALI (7254) MCASA's Sexual Assault Legal Institute (SALI) provides direct legal	MCASA's Sexual Assault Legal Insitute (SALI) Maryland	<a href="http://www.mcasa.org">www.mcasa.org</a> <a href="mailto:info@mcasa.org">info@mcasa.org</a>

services for victims and survivors of sexual Violence. SALI also provides technical assistance and training for attorneys, rape crisis and recovery center staff and volunteers, and other professionals working with Survivors.

301-565-2277 Information  
877-496-SALI Toll Free.

**Statewide**

1-800-MD-HELPS (634-3577) DV Statewide Hotline and information.

Maryland Network Against Domestic Violence  
301-429-3601

[www.mnadv.org](http://www.mnadv.org)  
[info@mnadv.org](mailto:info@mnadv.org)

**Annapolis**

Domestic Violence Support Group  
This group is for women who are or were in relationships in which they were subjected to domestic violence, either physical, emotional financial or sexually abused by their significant other.  
[www.psychologytoday.com/us/therapists/kendra-jackson-ralph-virginia-beach-va/102819](http://www.psychologytoday.com/us/therapists/kendra-jackson-ralph-virginia-beach-va/102819)

Kendra Jackson  
Serenity Counseling  
Annapolis  
MD 21401  
757-340-1962 Office

**Arnold**

24 Hour hotline 410-222-6800  
Safe shelter for victims of domestic violence and their children  
Medical and legal advocacy  
Individual and group counseling  
Support groups domestic violence  
Support groups sexual assault  
For more information please see our website.

YWCA of Annapolis and Anne Arundel County  
1517 Ritchie Highway  
Suite 201  
Arnold  
MD21012  
410-626-7800 Office

[YWCA of Annapolis & Anne Arundel County | Facebook](#)

**Baltimore**

ASCA Meeting Support Group  
Adult Survivors of Child Abuse ASCA, support group will be held every Thursday from 6pm to 8pm unless otherwise announced. The group is Lesbian, gay, bi and trans gender friendly but open to all survivors. More details and information, including cancellation notices for weather or other reasons can be found on our blog as follows:  
The meetings will take place on the grounds of the Baltimore LGBT Community Centre,

ASCA Support Group Meeting  
3rd Floor  
The Waxer Center  
Baltimore Community Center  
1000 Cathedral Street  
Baltimore

[asca-baltimore@hotmail.com](mailto:asca-baltimore@hotmail.com)

**Baltimore**

Hotline 410-234-0023  
Or 410-889-7884 (House of Ruth)  
Community services 410-466-9200  
Russian and Farsi translation  
Individual counseling for women survivors of domestic abuse  
Support groups.

Chana: Helpline and Network  
For abused Women  
101 West Mount Royal Avenue  
Baltimore  
MD 21201  
410-234-0030 Office / Hotline

[www.chanabaltimore.org](http://www.chanabaltimore.org)  
[info@chanabaltimore.org](mailto:info@chanabaltimore.org)

**Baltimore**

Childrens Child Abuse Program  
We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for

Springboard  
4623 Falls Road  
Baltimore  
MD 21209  
410-366-1980 Office  
[www.facebook.com/fcsmd/](http://www.facebook.com/fcsmd/)

3 to 18 years olds and their families.  
 Parent Child interaction therapy  
 We also seek to help victims remove themselves from domestic violence.  
 Sexual assault services for children and their families. The listed address is our headquarters but we also have trauma treatment programs in **Baltimore City**, and the following central Maryland counties. **Hartford, Howard, West Baltimore County, Carroll and Anne Arundel.**  
 In each of these offices we see children aged 3 to 18 years as well as adult survivors of sexual abuse, physical abuse and neglect. Two of our agency offices in Carroll and West Baltimore county offer a comprehensive domestic violence program. The information and addresses can be accessed through our website.

[Set Hope In Motion | Springboard Community Services \(springboardmd.org\)](http://springboardmd.org)

**Baltimore**

Hotlines 410-828-6390  
 Or 410-285-7496 Shelter  
 We provide essential and life saving services to family members experiencing conflict and family violence.  
 Emergency safe shelter  
 Follow on transitional housing  
 Victim advocacy comprising of:  
 Safety planning, court escort, hospital accompaniment, legal advocacy and community support groups. Call 410-285-4357 for more information.

Family Crisis Center  
 PO Box 3903  
 Baltimore  
 MD 21222  
 410-285-4357 Office

[www.familycrisiscenter.net](http://www.familycrisiscenter.net)

**Baltimore**

Hotline 410-889-RUTH (7884)  
 Espanol 410-889-7884 Opt 8  
 Services in English and Spanish  
 Emergency shelter  
 Legal Clinic  
 Individual counseling and therapy for men and women who have been abused and are in crisis  
 Group counseling and therapy for battered women

House of Ruth - Maryland  
 Baltimore  
 MD 21218  
 410-889-0840 Office.

[info@hruthmd.org](mailto:info@hruthmd.org)

[www.facebook.com/HouseOfRuthMaryland/](https://www.facebook.com/HouseOfRuthMaryland/)

**Baltimore**

24 hour Hotline 443-279-0379  
 24 Hour crisis hotline  
 Emergency and transitional shelter  
 Victim advocacy  
 Community education  
 Anti-sex trafficking program  
 Individual and group trauma therapy for adult and teenage victims of domestic violence / sexual assault  
 Adult survivors of childhood sexual abuse / adult abuse support group meets Mondays 6 - 7.30 PM

Turn Around  
 2300N Charles Street  
 2nd Floor  
 Baltimore  
 MD 21201  
 410-837-7000 Office

[www.turnaroundinc.org](http://www.turnaroundinc.org)  
[info@turnaroundinc.org](mailto:info@turnaroundinc.org)

Female survivors of domestic violence support group meets  
Tuesday 6 - 7.30 PM at Rosedale

<b>Bel Air</b>	Childrens Child Abuse Program We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families. <a href="http://www.fcsmd.org/">www.fcsmd.org/</a> <a href="https://www.facebook.com/fcsmd/">www.facebook.com/fcsmd/</a> <a href="http://springboardmd.org">Set Hope In Motion   Springboard Community Services (springboardmd.org)</a>	Springboard 44 East Gordon Street Bel Air MD 21014 410-838-9000 Office <a href="https://www.facebook.com/fcsmd/">www.facebook.com/fcsmd/</a>	
<b>Bel Air</b>	Hotline 410-836-8430 24 Hour hotline Safehouses for males and females Legal advocacy and safety planning Individual and group counseling Weekly support groups.	Safety Awareness Resources Change (SARC) PO Box 1207 Bel Air MD 21014 410-836-8430 Office / Helpline.	<a href="http://www.sarc-maryland.org">www.sarc-maryland.org</a> <a href="mailto:info@sarc-maryland.org">info@sarc-maryland.org</a>
<b>Bethesda</b>	Women's Trauma Recovery Group For women ready to supplement individual therapy with group work. Based in part on (TRG) Trauma Recovery Group pioneered by Judith Herman This is a stage 2 trauma group, members should have achived some stability and control over trauma related symptoms. Every Tuesday 5.15 - 6.30 PM Cost \$100 - \$120	Jan Freeman Bethesda MD 20814 301-657-2292 Office	<a href="http://www.janfreemanlcsw.com/">www.janfreemanlcsw.com/</a>
<b>Beltsville</b>	Hotline 410-889-RUTH (7884) Espanol 410-889-7884 Opt 8 Services in English and Spanish Emergency shelter Legal Clinic Individual counseling and therapy for men and women who have been abused and are in crisis Group counseling and therapy for battered women	House of Ruth - Maryland Beltsville Maryland 410-889-0840 Office <a href="https://www.facebook.com/HouseOfRuthMaryland/">www.facebook.com/HouseOfRuthMaryland/</a>	<a href="mailto:info@hruthmd.org">info@hruthmd.org</a>
<b>Bowie</b>	Healing Hope Recovery Group Find confidential hope and healing from past or present emotional physical or sexual abuse. Meets Mondays 7 pm Contact Laura Gore on 410-733-4109 for details Or email address on the right of this page	Support Group Bowie Anne Arundel County MD 20715 301-262-1767 Laura Gore	<a href="mailto:lgore@acep.org">lgore@acep.org</a>
<b>Brentwood</b>	Hotlines 301-731-1203 Family violence intervention clinic Legal advocacy Court companionship	Family Crisis Center 3601 Taylor Street Brentwood MD 20722	<a href="mailto:info@familycrisiscenter-pgco.org">info@familycrisiscenter-pgco.org</a>

	Intensive therapy groups Services also in Spanish	301-779-2100 Office & Info	
<b>Cambridge</b>	Hotline 410-820-5600 Or 1-800-310-7273 Spanish Hotline 410-829-6143 Crisis intervention Advocacy and education Counseling and therapy Fees on a sliding scale.	For All Seasons, Inc 208 Cedar Street Cambridge MD 410-822-1018 Office	<a href="http://www.forallseasonsinc.org">www.forallseasonsinc.org</a>
<b>Charlotte Hall</b>	Crisis intervention services Trauma recovery counseling Recovery support services	Walden 30007 Business Center Drive Charlotte Hall MD 20622-3101 310-357-8829 Office	<a href="mailto:info@WaldenSierra.org">info@WaldenSierra.org</a>
<b>Chestertown</b>	Hotline 410-820-5600 Or 1-800-310-7273 Spanish Hotline 410-829-6143 Crisis intervention Advocacy and education Counseling and therapy Fees on a sliding scale	For All Seasons, Inc 516 Washington Street Suite 4 Chestertown MD 410-822-1018 Office	<a href="http://www.forallseasonsinc.org">www.forallseasonsinc.org</a>
<b>Cheverly</b>	Hotline 301-618-3154 Support group for survivors of rape and sexual abuse Call 301-618-3154 for group details Or click on the link and scrol down to the support groups at the bottom of the page.	Domestic Violence and Sexual Assault Center at Dimensions Health Care Prince George Hospital Center 3001 Hospital Drive Cheverly MD 20785 301-618-3154 Office / Hotline	
<b>Columbia</b>	Helpline 410-997-2272 HopeWorks' mission is to support and advocate for people in Howard County affected by sexual and intimate partner violence and to engage the community in creating the change required for violence prevention. HopeWorks specifically addresses the interests of adult survivors of child abuse through their Our Voice Project. The Our Voice Project is comprised of four educational and wellness programs that are based in trauma-informed peer support and advocacy. Please call the office for program information.	HopeWorks of Howard County 9770 Patuxent Woods Drive Suite 300 Columbia Maryland 21046 Office No. 410-997-0304	<a href="#">Hopeworks   Facebook</a>
<b>Columbia</b>	Childrens Child Abuse Program We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy We also seek to help victims remove themselves from domestic violence.	Springboard Wild Lake Village Center Suite 100 10451 Twinn Rivers Road Columbia MD 21044 410-997-3557 Office	<a href="http://www.facebook.com/fcsmd/">www.facebook.com/fcsmd/</a> <a href="http://www.fcsmd.org/">www.fcsmd.org/</a>

Sexual assault services for children and their families.

[Set Hope In Motion | Springboard Community Services \(springboardmd.org\)](http://springboardmd.org)

<b>Columbia</b>	Hotline 410-531-6677 24 Hour crisis hotline Family shelter program Walk in counseling for anyone in need of immediate assistance.	Grassroots Crisis Intervention Center, Inc 6700 Freetown Road Columbia MD 21044 410-531-6006 Office	<a href="http://www.grassrootscrisis.org">www.grassrootscrisis.org</a> <a href="mailto:info@grassrootscrisis.org">info@grassrootscrisis.org</a>
<b>Cumberland</b>	Hotline 301-759-9244 24 Hour helpline TEXT Hotline (SMS) 301-970-4242 Safe accommodation Sexual Assault Response Team Individual and group counseling Support groups for women victims of domestic violence /sexual abuse Call 301-759-9244 for group info	Family Crisis Resource Center 146 Beford Street Cumberland MD 21502 310-759-9246 Office <a href="http://www.familycrisisresourcecenter.org/">www.familycrisisresourcecenter.org/</a>	
<b>Denton</b>	1-800-927-4673 Crisis Hotline We provide an emergency shelter 24 Hour hotlines Crisis counseling Accompaniment to court Legal representation Support groups Programs for children expose to family violence	Mid Shore Council on Family Violence PO Box 5 Denton MD 21629 410-690-3222 Office	<a href="http://www.msfcv.org">www.msfcv.org</a>
<b>Easton</b>	Local 24hr Hotline 410-820-5600 Or 1-800-310-7273 Spanish Hotline 410-829-6143 Crisis intervention Advocacy and education Counseling and therapy Fees on a sliding scale	For All Seasons, Inc 300 Talbot Street Easton MD 21601 410-822-1018 Office	<a href="http://www.forallseasonsinc.org">www.forallseasonsinc.org</a>
<b>Easton</b>	Hotline 1-800-927-4673 24 hour 7 days hotline Crisis intervention Secure shelter Information and referrals Legal program Support groups Serving Caroline, Dorchester, Kent Queen Anne's and Talbot Counties	Mid-Shore Council on Family Violence Easton MD 21601 410-690-3222 Office	<a href="http://www.msfcv.org">www.msfcv.org</a>
<b>Elkton</b>	Hotline 410-996-0333 24 Hrs Shelter for domestic violence FREE individual/group counseling  <a href="https://www.facebook.com/The-Bridge-Domestic-ViolenceRape-Crisis-Center-512474108781649/">www.facebook.com/The-Bridge-Domestic-ViolenceRape-Crisis-Center-512474108781649/</a>	Cecil County DV Rape Crisis Program PO Box 2137 Elkton MD 21922 410-996-0333 Office / Hotline	<a href="http://www.cecilhelp4u.com/">www.cecilhelp4u.com/</a>
<b>Frederick</b>	Hotline 301-662-8800 24 Hour hotline Emergency shelter	Heartly House Inc PO Box 857 Frederick	<a href="http://www.heartlyhouse.org">www.heartlyhouse.org</a> <a href="mailto:info@heartlyhouse.org">info@heartlyhouse.org</a>

Legal services available MD 21705  
Ongoing counseling 310-418-6610 Office  
Support groups domestic violence  
Support groups sexual assault  
Support groups for adults molested  
as children  
Call 301-662-8800 for group info.

**Frederick** Recovery from Within Therapy Group Alicia Barmon  
This is a therapy group for women Frederick [alicia.barmon@gmail.com](mailto:alicia.barmon@gmail.com)  
survivors of trauma. The group MD 21701  
meets in 16 week cycles. 617-446-3124 Office  
Cost \$60-\$70 per session  
Call for more details

**Hagerstown** 24hr Hotline 301-739-8975 CASA, Inc [www.casainc.org/](http://www.casainc.org/)  
TTY Hotline 301-739-1012 116 West Baltimore Street [casa4@myactv.net](mailto:casa4@myactv.net)  
24 Hour hotline Hagerstown  
Domestic violence program MD 21740  
Rape crisis program 301-739-4990 Office  
Legal services available [www.facebook.com/casawashco/](https://www.facebook.com/casawashco/)  
Support group domestic violence  
Support group for incest survivors.

**Havre de Grace** Shattered Canvas is a non profit Shattered Canvas  
organization that provides education, PO Box 1152 [info@shatteredcanvas.org](mailto:info@shatteredcanvas.org)  
support, awareness for survivors, Havre de Grace [jkerschner@shatteredcanvas.org](mailto:jkerschner@shatteredcanvas.org)  
families and their friends and Harford County  
educational formats for businesses, MD 21178  
organizations and the community Advice Line 443-528-8698.  
at large. Classes are FREE some  
are one time classes and some are  
in a series. For more details and  
information about what we do call  
Joann Kerschner on 443-528-8698  
or email at the addresses given.

**Hollywood** 24hr DV Hotline 240-925-0084 The Southern Maryland Center [www.smcfanet.net](http://www.smcfanet.net)  
Advocates are available at 3 local for Family Advocacy  
court houses to assist with filing 23918 Mervell Dean Road  
for protection from abuse. Hollywood  
We offer information and referrals MD 20636  
to appropriate agencies and services 301-373-4141 Main office  
Moderate income program [smcfaoffice1979@gmail.com](mailto:smcfaoffice1979@gmail.com)  
Pro Bono legal program  
Please call for more details. We  
serve Hollywood, Leonardtown and  
Prince Frederick.

**Huntingtown** Southern Maryland Adult Survivors Meetup Survivors Group [nochaineddogs@comcast.net](mailto:nochaineddogs@comcast.net)  
of Child Abuse Meetup Group Huntingtown  
Adult (18+) survivors of childhood MD 20639  
emotional, physical and or sexual [www.ascasupport.org/index.php](http://www.ascasupport.org/index.php)  
abuse who are seeking to meet  
others with a similar background  
and to work on healing in a  
supportive environment. Meetings  
will follow the ASCA (Adult Survivors  
of Child Abuse) format. Meetings  
will be held once a month on the  
3rd Thursday of each month. The  
organizer for this group is Lynne,

you may contact Lynne via email or via the website listed.

<b>Kensington</b>	Women's Trauma Psychology Group In a safe, confidential and comfortable setting, learn to identify and manage triggers and the effects of trauma while learning healthy coping skills. 3-5 women members run by two trained facilitators. Meets every Monday 6.30 - 8.15PM Cost \$70 - \$80	Ms Debra Kay Matos Kensington MD 20895 240-813-9663 Office	
<b>Laurel</b>	Childrens Child Abuse Program We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families.	Family and Children's Services Patuxent Square 9900 Washington Blvd Laurel MD 20723 410-313-0220 Office	<a href="http://www.facebook.com/fcsmd/">www.facebook.com/fcsmd/</a> <a href="http://www.fcsmd.org/">www.fcsmd.org/</a>
<b>Leonardtown</b>	24hr Hotline 240-925-0084 Advocates are available at 3 local court houses to assist with filing for protection from abuse. We offer information and referrals to appropriate agencies and services Moderate income program Pro Bono legal program Please call for more details. We serve Hollywood, Leonardtown and Prince Frederick.	The Southern Maryland Center for Family Advocacy 41605 Courthouse Drive Leonaardtwn MD 20650 301-373-4141 Main office <a href="mailto:smcfaoffice1979@gmail.com">smcfaoffice1979@gmail.com</a>	<a href="http://www.smcfa.net">www.smcfa.net</a>
<b>Oakland</b>	24hr Hotline 301-334-9000 Or 1-800-656-4673 Toll free Services for victims of domestic violence, sexual abuse and adults molested as children. 24 / 7 Emergency shelter Medical and legal advocacy Individual and group counseling Also serving Kitzmiller and Hoyes with an outreach office in Grantsville.	Dove Center Oakland MD 21550 301-334-6255 Office	<a href="http://www.gcdovecenter.org">www.gcdovecenter.org</a>
<b>Park Heights</b>	Hotline 410-234-0030 Or 410-889-7884 (House of Ruth) Community services 410-466-9200 Russian and Farsi translation Individual counseling for women survivors of domestic abuse Support groups in the Pikeville area Professionally led 16 week groups Firstly for women only Mind body & spirit Mon 7 - 8.30PM Recovery through art Tues 7 - 8.30	Chana: Helpline and Network For abused Women Park Heights 410-234-0030 Office / Hotline	<a href="http://www.chanabaltimore.org">www.chanabaltimore.org</a> <a href="mailto:info@chanabaltimore.org">info@chanabaltimore.org</a>

Healing through expressive art  
meets Wednesday 7 - 8.30PM  
Building coping strategies meets  
Thursday 3 - 4.30 PM  
Redirecting your life MEN ONLY  
meets Monday 7 - 8.30PM  
For men and women Survivors in  
recovery first Sunday of month  
Healing through peer support  
meets Bi Weekly

**Prince Frederick** Hotline 410-535-1121  
Or Hotline 301-855-1075  
Safe shelter  
Advocacy and accompaniment  
FREE counseling for Incest, sexual  
abuse and domestic violence  
Support group domestic violence  
Call hotline for group details

Calvert County Health Dept  
Crisis Intervention Center  
PO Box 980  
Prince Frederick  
MD 20678  
410-535-5400 Office  
[www.calverthealth.org/personalhealth/crisisintervention/index.htm](http://www.calverthealth.org/personalhealth/crisisintervention/index.htm)

**Prince Frederick** Pathwork & Self Exploration Group  
This group is for anyone looking for  
a spiritual connection, improved  
personal relationships and a  
community of like minded people.  
Pathwork ([www.pathwork.org](http://www.pathwork.org)) deals  
with among other topics the  
healing of childhood trauma.  
To join this group contact the  
organizer Janeil Stewart via the web  
site address on the right of our page

Calvert Co Pathwork and Self  
Exploration Meetup Group  
Prince Frederick  
Maryland  
[www.pathwork.org/about/the-pathwork-foundation/  
pathworkfoundation@pathwork.org](http://www.pathwork.org/about/the-pathwork-foundation/pathworkfoundation@pathwork.org)

**Prince Frederick** Hotline 240-925-0084  
Advocates are available at 3 local  
court houses to assist with filing  
for protection from abuse.  
We offer information and referrals  
to appropriate agencies and services  
Moderate income program  
Pro Bono legal program  
Please call for more details. We  
serve Hollywood, Leonardtown and  
Prince Frederick.

The Southern Maryland Center  
for Family Advocacy  
175 Main Street  
Prince Frederick  
MD 20678  
301-373-4141 Main office  
[smcfaoffice1979@gmail.com](mailto:smcfaoffice1979@gmail.com) [www.smcfa.net](http://www.smcfa.net)

**Rockville** Information 240-777-4210  
this program is a comprehensive  
human services program to address  
domestic violence within our County.  
Crisis services are FREE and fees  
for on going services are based on  
ability to pay.  
Emergency shelter  
Assistance through legal systems  
Individual and group counseling

Abused Persons Program  
1301 Piccard Drive  
Rockville  
MD 20850  
240-777-4210 Information

**Rockville** Our program offers crisis and on  
going counseling plus a crisis  
shelter for those fleeing domestic  
violence.

Family Justice Center  
600 Jefferson Plaza  
Suite 500  
Rockville  
MD 20852  
240-773-0444 Office  
[www.montgomerycountymd.gov/fjc/](http://www.montgomerycountymd.gov/fjc/)

<b>Rockville</b>	<p>Group Psychotherapy for Trauma Disorders This group is for individuals who have been diagnosed with trauma or dissociative disorders and are looking for a process group to supplement individual treatment</p>	<p>Dr Stefanie Consolla Rockville MD 20852 301-525-5141 Office</p>	<p><a href="mailto:drconsolla@gmail.com">drconsolla@gmail.com</a></p>
<b>Rockville</b>	<p>Advice 240-777-1355 Serving Montgomery County we offer information and support to victims of violence. Please visit our website for further details of our services or contact us by phone for local information.</p>	<p>Victim Assistance and Sexual Assault Program (VASAP) 1301 Piccard Drive Suite 4100 Rockville MD 20850 240-777-1355 Office</p>	<p><a href="mailto:vasap@montgomerycountymd.gov">vasap@montgomerycountymd.gov</a>  <a href="http://www.montgomerycountymd.gov/hhs-program/BHCS/VASAP/VASAPPubs.html">www.montgomerycountymd.gov/hhs-program/BHCS/VASAP/VASAPPubs.html</a></p>
<b>Rosedale</b>	<p>Women Survivor's of Trauma Group In the survivor's of trauma group participants learn about healing, recovery and growth. Participants learn to manage symptoms effectively, express anger in a healthy way and resolve guilt, grieve loss and prevent relapse Meets Wednesday 9.30 - 10.30PM Cost \$20 - \$40.</p>	<p>Jennifer Walker Gerhart Rosedale MD 21237 443-442-1568 Office</p>	<p><a href="mailto:aspirewellness@yahoo.com">aspirewellness@yahoo.com</a></p>
<b>Salisbury</b>	<p>Hotline 410-749-4357 24 Hour hotline Safe accomodation Medical and legal advocacy Individual and group counseling Support groups serving those affected by domestic violence, rape sexual assault and for adults who were molested as children.</p>	<p>Life Crisis Center PO Box 387 Salisbury MD 21803 410-749-4357 Office / Hotline</p>	<p><a href="http://www.lifecrisiscenter.org">www.lifecrisiscenter.org</a> <a href="mailto:info@lifecrisiscenter.org">info@lifecrisiscenter.org</a></p>
<b>Severna Park</b>	<p>Childrens Child Abuse Program We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families.</p>	<p>Springboard 815 Ritchie Highway Suite 126 Severna Park MD 21146 410-571-8341 Office</p>	<p><a href="http://www.facebook.com/fcsmd/">www.facebook.com/fcsmd/</a> <a href="http://www.fcsmd.org/">www.fcsmd.org/</a></p>
<b>Silver Spring</b>	<p>The From Darkness to Light survivors Meetup group is continuing our women's 18-65 survivors only group. This interactive experience is led by 2 licenced therapists who are certified clinical trauma professionals. Our twelve week structured skills based group is tailored towards women who have</p>	<p>From Darkness to Light Meetup Silver Spring Maryland 410-768-4386 Office</p>	<p><a href="http://www.rexcellencellc.com">www.rexcellencellc.com</a> <a href="mailto:FDTL@rexcellencellc.com">FDTL@rexcellencellc.com</a></p>

experienced varying levels of trauma.

<b>Silver Spring</b>	Sexual Abuse Treatment Group Overcome the trauma of sexual abuse or sexual assault in a group format. This group utilizes a very effective holistic approach to healing. Call for times and dates. Cost \$70	Vicki Allen Silver Spring MD 20904 301-684-8194 Office	
<b>Silver Spring</b>	Our groups empower those who have survived childhood sexual abuse and who want to become Survivors and thrivers using the 12 step and 12 traditions program Meets Saturdays 11am Contact Susan by email at <a href="mailto:Saturday_meeting@hotmail.com">Saturday_meeting@hotmail.com</a> For Further details please click on the SIA website meetings directory	Survivors of Incest Anonymous Silver Spring Maryland	<a href="http://www.siawso.org">www.siawso.org</a> <a href="mailto:saturday_meeting@hotmail.com">saturday_meeting@hotmail.com</a>
<b>Towson</b>	Empowering Women in Abusive Situations This group empowers women to find the courage and determination to leave abusive relationships. Group runs twice a year Spring and in the Fall Cost \$30	Mrs Bernadette D Lavin Towson MD 21204 410-489-1451 Office	<a href="mailto:detty_lavin@yahoo.com">detty_lavin@yahoo.com</a>
<b>Towson</b>	24 Hour Hotline 443-279-0379 Emergency Shelter and Transitional Housing. Community Education Anti Sex Trafficking Program Individual trauma therapy for adults and children Domestic Violence and Sexual Assault group such as Adult Survivors / Domestic Violence Teen Dating Violence / Parents of Child Survivors Call main office on 410-377-8111 for more information about groups.	TurnAround, Inc (Main Office) 401 Washington Avenue Suite 300 Towson MD 21204 410-377-8111 Office Offices also in Baltimore and Rosedale	<a href="http://www.turnaroundinc.org">www.turnaroundinc.org</a> <a href="mailto:info@turnaroundinc.org">info@turnaroundinc.org</a>
<b>Waldorf</b>	Hotline 301-645-3336 Emergency shelter Support for victims of domestic violence, sexual assault and adults molested as children.	Center for Abused Persons 2670 Crain Highway Suite 303 Waldorf MD 20601 301-645-8994 Office	<a href="https://www.facebook.com/Center-for-Abused-Persons-128718787181693/">www.facebook.com/Center-for-Abused-Persons-128718787181693/</a> <a href="http://www.centerforabusedpersonscharlescounty.org/">www.centerforabusedpersonscharlescounty.org/</a>
<b>Waldorf</b>	Women Survivors of Childhood Sexual Abuse If you are an adult woman who has been sexually abused as a child you may benefit from a group experience	Ms Debra C Foster Waldorf MD 20601 301-337-8767 Office	
<b>Westminster</b>	Childrens Child Abuse Program We were established in 1849 to improve the condition of the poor.	Springboard 22 North Court Street Westminster	<a href="https://www.facebook.com/fcsmd/">www.facebook.com/fcsmd/</a> <a href="http://www.fcsmd.org/">www.fcsmd.org/</a>

Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families.

MD 21157  
410-848-2433 Office

[Set Hope In Motion | Springboard Community Services \(springboardmd.org\)](http://springboardmd.org)

**Westminster**

Crisis Hotline 410-857-7322  
24 Hour hotline  
Walk-in crisis intervention  
Information and referrals  
Individual and group counseling  
Serving people aged 12 and above regardless of length of time since the assault happened.  
Cost is a suggested donation is \$7 per group therapy and \$15 per individual sessions.

Rape Crisis Intervention  
Services of Carroll County  
224 North Center Street  
Room #102  
Westminster  
MD 21157  
410-857-0900 Office

[www.rapecrisiscc.org](http://www.rapecrisiscc.org)  
[info@rapecrisiscc.org](mailto:info@rapecrisiscc.org)