

**National Association of Adult Survivors of Child Abuse** [www.NAASCA.org](http://www.NAASCA.org)

*Note: Please send corrections, additions and updates to:* [maudnmildred@hotmail.com](mailto:maudnmildred@hotmail.com)

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
<b>MAINE</b>			
<b>National Helpline</b>	Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.	Childhelp Prevention and Treatment of Child Abuse.	<a href="http://www.childhelp.org">www.childhelp.org</a> <a href="mailto:info@childhelp.org">info@childhelp.org</a> Email support form on the website
<b>Statewide</b>	1800-871-7741 Sexual Assault Statewide hotline and information.	Maine Coalition Against Sexual Assault 207-626-0034 Office	<a href="http://www.mecasa.org">www.mecasa.org</a>
<b>Statewide</b>	1-866-834-4357 Domestic Violence Statewide hotline and information. TTY/TTD hotline 1-800-437-1220	Maine Coalition to End Domestic Violence 207-430-8334 Office	<a href="http://www.mcedv.org">www.mcedv.org</a> <a href="mailto:info@MCEDV.org">info@MCEDV.org</a>
<b>Auburn</b>	Hotline 1-800-599-2927 24 Hour helpline Safe shelter services Baterers intervention program Community education Peer support groups for victims of domestic violence call hotline for group details.	Safevoices PO Box 713 Auburn ME 04212 207-795-6744 Office	<a href="http://www.safevoices.org">www.safevoices.org</a> <a href="mailto:info@safevoices.org">info@safevoices.org</a>
<b>Auburn</b>	24hr Hotline 1-800-871-7741 TTY Hotline 1-888-458-5599 Sexual Assault Response Team Community education and outreach School based education programs Support group for adult survivors of child sexual abuse Support group for MALE survivors of child sexual abuse and rape Support group for female survivors of rape All services are FREE of charge	Sexual Assault Prevention and Response Services PO Box 6 Auburn ME 04212 207-784-5272 Office.	<a href="http://www.sapars.org">www.sapars.org</a>
<b>Augusta</b>	1-877-890-7788 Toll free 24 / 7 Local Hotline 207-623-3569 <a href="mailto:helpline@familyviolenceproject.org">helpline@familyviolenceproject.org</a> 24 / 7 Anonymous helpline Emergency shelter	Family Violence Project PO Box 304 Augusta ME 04332-0304 207-621-6372 Office	<a href="http://www.familyviolenceproject.org">www.familyviolenceproject.org</a> <a href="mailto:fvp@familyviolenceproject.org">fvp@familyviolenceproject.org</a>

Advocacy and referrals  
Prevention and education  
FREE and confidential support  
groups throughout Kennebec and  
Somerset Counties  
Call hotline for group details

<b>Bangor</b>	1-800-871-7741 Statewide 24 Hour crisis and support line Advocacy Sexual Assault Response Team Support groups 1-800-310-0000 Serves Penobscot & Piscataquis	Rape Response Services PO Box 1162 Bangor ME 04401 207-973-3651 Office	<a href="http://www.rrsonline.org">www.rrsonline.org</a> <a href="mailto:rrsinfo@penquis.org">rrsinfo@penquis.org</a>
<b>Bangor</b>	24hr Hotline 1-800-863-9909 24hr Hotline 1-800-437-1220 TTY Advocacy and legal services Support groups for domestic violence are held once a week Call hotline for group details Groups are held in Bangor and as requested in Lincoln, Millinocket, Newport and on Indiana Island All groups are FREE of charge.	Partners For Peace PO Box 653 Bangor ME 04402-0653 207-945-5102 Bangor Office Millinocket Office 207-723-4400 .	<a href="http://www.partnersforpeaceme.org/">www.partnersforpeaceme.org/</a>
<b>Bath</b>	Hotline 1-800-522-3304 We offer support to people in Sagadahoc, Lincoln, Knox and Waldo Counties affected by family domestic violence. Emergency shelter Transitional housing Legal information, court advocacy Referrals and information Support groups.	New Hope For Women 12 Court Street Bath ME 04530 207-443-8898 Office	<a href="http://www.newhopeforwomen.org">www.newhopeforwomen.org</a>
<b>Belfast</b>	Hotline 1-800-522-3304 We offer support to people in Sagadahoc, Lincoln, Knox and Waldo Counties affected by family domestic violence. Emergency shelter Transitional housing Legal information, court advocacy Referrals and information Support groups	New Hope For Women 111 Church Street Belfast ME 04915 207-338-6569 Office	<a href="http://www.newhopeforwomen.org">www.newhopeforwomen.org</a>
<b>Brunswick</b>	1-800-871-7741 Statewide 24 Hour support hotline Medical and legal advocacy FREE support groups 8 - 12 weeks Adult survivors of childhood sexual abuse, MALE survivors of sexual violence, Lesbian survivors of sexual violence, Groups for women with disabilities. Call for more info Serving Cumberland, Lincoln, Knox and Waldo Counties.	Sexual Assault Support Service of Midcoast Maine PO Box 990 Brunswick ME 04011 207-725-2181 Office	<a href="http://www.sassmm.org">www.sassmm.org</a> <a href="mailto:administration@sassmm.org">administration@sassmm.org</a>
<b>Calais</b>	Local Hotline 207-498-6431 We provide intergrated healthcare services that maximize an individuals	AMHC Calais Maine	<a href="http://www.amhc.org">www.amhc.org</a>

	potential to recover. Sexual Assault Response services SART program Confidential support groups	207-952-9279 Office	
<b>Calais</b>	Hotline 1-800-315-5579 FREE confidential hotline Emergency shelter FREE weekly support groups for group info call 1-800-315-5579 Serving Washington and Hancock	Next Step Domestic Violence Project Calais ME 04619 207-454-8088 Office	<a href="http://www.nextstepdvproject.org">www.nextstepdvproject.org</a> <a href="mailto:info@nextstepdvproject.org">info@nextstepdvproject.org</a>
<b>Caribou</b>	Local Hotline 207-498-6431 We provide intergrated healthcare services that maximize an individuals potential to recover. Sexual Assault Response services SART program Confidential support groups	AMHC Caribou Maine 207-493-1278 Office	<a href="http://www.amhc.org">www.amhc.org</a>
<b>Damariscotta</b>	Hotline 1-800-522-3304 We offer support to people in Sagadahoc, Lincoln, Knox and Waldo Counties affected by family domestic violence. Emergency shelter Transitional housing Legal information, court advocacy Referrals and information Support groups	New Hope For Women 17 Water Street Damariscotta ME 04543 207-563-2128 Office	<a href="http://www.newhopeforwomen.org">www.newhopeforwomen.org</a>
<b>Dover-Foxcroft</b>	Hotline 1-800-863-9909 Or 1-800-437-1220 (TTY) 24 Hour crisis hotlines Emergency shelter Legal advocacy School and community program Support group for domestic violence victims and survivors Tues 1 - 2.30	Partners For Peace Dover-Foxcroft ME 04426 207-564-8166 Office	<a href="http://www.partnersforpeaceme.org/">www.partnersforpeaceme.org/</a>
<b>Ellsworth</b>	Local Hotline 207-498-6431 We provide intergrated healthcare services that maximize an individuals potential to recover. Sexual Assault Response services SART program Confidential support groups	AMHC Ellsworth Maine 207-412-0973 Office	<a href="http://www.amhc.org">www.amhc.org</a>
<b>Ellsworth</b>	24hr Hotline 1-855-894-3599 FREE 9 week support group for women 18+ who have been exposed to sexual violence	Downeast Health Services Ellsworth ME 04605 207-667-2400 Office	<a href="http://www.dehi.org/">www.dehi.org/</a>
<b>Ellsworth</b>	Hotline 1-800-315-5579 FREE confidential hotline Emergency shelter FREE weekly support groups for group info call 1-800-315-5579 Serving Washington and Hancock	Next Step Domestic Violence Project PO Box 1466 Ellsworth ME 04605 207-667-0176 Office	<a href="http://www.nextstepdvproject.org">www.nextstepdvproject.org</a> <a href="mailto:info@nextstepdvproject.org">info@nextstepdvproject.org</a>
<b>Farmington</b>	Trauma Recovery & Enpowerment A group for women who have	Ms Mary Batt Farmington	

experienced emotional, physical  
mental or sexual abuse.  
Cost \$20 - \$30  
[www.therapist.healthcare/directory/listing/2472-mary-batt](http://www.therapist.healthcare/directory/listing/2472-mary-batt)

ME 04938  
207-358-3429 Office

**Farmington**

Hotline 1-800-871-7741  
24 Hour helpline  
Sexual Assault Response Team  
Community education and outreach  
School based education programs  
Support group for adult survivors  
of child sexual abuse  
Support group for MALE survivors  
of child sexual abuse and rape  
Support group for female survivors  
of rape  
All services are FREE of charge

S.A.V.E.S  
PO Box 349  
Farmington  
ME 04938  
207-778-9522 Office

[www.sapars.org](http://www.sapars.org)

**Fort Fairfield**

Children's Crisis Unit  
We provide intergrated healthcare  
services that maximize an individuals  
potential to recover.  
Sexual Assault Response services  
SART program  
Confidential support groups  
Childrens Crisis services Please  
see website for full details

AMHC  
Fort Fairfield  
Maine  
207 473-9285 Crisis Unit

[www.amhc.org](http://www.amhc.org)

**Fort Kent**

Local Hotline 207-498-6431  
We provide intergrated healthcare  
services that maximize an individuals  
potential to recover.  
Sexual Assault Response services  
SART program  
Confidential support groups

AMHC  
Fort Kent  
Maine  
207-834-3186 Office

[www.amhc.org](http://www.amhc.org)

**Franklin**

Hotline 1-800-599-2927  
24 Hour helpline  
Safe shelter services  
Baterers intervention program  
Community education  
Peer support groups for victims of  
domestic violence call hotline for  
group details

Safevoices  
Franklin  
Maine  
207-778-6107 Office

[www.safevoices.org](http://www.safevoices.org)  
[info@safevoices.org](mailto:info@safevoices.org)

**Houlton**

Local Hotline 207-498-6431  
We provide intergrated healthcare  
services that maximize an individuals  
potential to recover.  
Sexual Assault Response services  
SART program  
Confidential support groups

AMHC  
Houlton  
Maine  
207-532-6523 Office

[www.amhc.org](http://www.amhc.org)

**Houlton**

Hotline 207-532-6401  
Our mission is to effect change  
within our Tribal community where  
equality, respect and non violence  
become the cornerstone of all  
relationships.  
Crisis intervention & safety planning  
Emergency shelter  
Hospital accompaniment

Maliseet Domestic Violence &  
Sexual Assault Program  
690 Foxcroft Road  
Houlton  
ME 04730  
270-532-3000 Office

[jhuff@maliseets.com](mailto:jhuff@maliseets.com)

Legal assistance & court advocacy  
Support groups available

<b>Lewiston</b>	24hr Hotline 888-871-7741 TTY Hotline 1-888-458-5599 FREE support group for victims of sexual assault and sexual abuse	Sexual Assault Crisis Center Lewiston ME 04240 207-784-5272 Office	<a href="http://www.sapars.org">www.sapars.org</a> <a href="mailto:saccs@sapars.org">saccs@sapars.org</a>
<b>Machias</b>	Local Hotline 207-498-6431 We provide intergrated healthcare services that maximize an individuals potential to recover. Sexual Assault Response services SART program Confidential support groups	AMHC Machias Maine 207-259-6238 Office	<a href="http://www.amhc.org">www.amhc.org</a>
<b>Machias</b>	Hotline 1-800-315-5579 Local Hotline 207-255-4785 FREE confidential hotline Emergency shelter FREE weekly support groups for group info call 1-800-315-5579 Serving Washington and Hancock	Next Step Domestic Violence Project PO Box 303 Machias ME 04654 207-255-4934 Office	<a href="http://www.nextstepdvproject.org">www.nextstepdvproject.org</a> <a href="mailto:info@nextstepdvproject.org">info@nextstepdvproject.org</a>
<b>Madawaska</b>	Local Hotline 207-498-6431 We provide intergrated healthcare services that maximize an individuals potential to recover. Sexual Assault Response services SART program Confidential support groups	AMHC Madawaska Maine 207-728-4806 Office	<a href="http://www.amhc.org">www.amhc.org</a>
<b>Oxford-Norway</b>	Hotline 1-800-599-2927 24 Hour helpline Safe shelter services Baterers intervention program Community education Peer support groups for victims of domestic violence call hotline for group details	Safevoices Oxford-Norway Maine 207-743-5806 Office	<a href="http://www.safevoices.org">www.safevoices.org</a> <a href="mailto:info@safevoices.org">info@safevoices.org</a>
<b>Perry</b>	Hotline 1-877-853-2613 Our mission is to effect change within our Tribal community where equality, respect and non violence become the cornerstone of all relationships. Crisis intervention & safety planning Emergency shelter Hospital accompaniment Legal assistance & court advocacy Support groups available.	Passamaquoddy Peaceful Relations PO Box 343 Perry ME 04667 207-853-6681 Office <a href="http://wabanaki.com">Pleasant Point Tribal Government (wabanaki.com)</a>	
<b>Pittsfield</b>	Support group for adult survivors of child sexual abuse, incest, domestic violence, rape and sexual assault. To join this group email <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a>	Lamplighter Movement Pittsfield Maine	<a href="http://www.thelamplighters.org">www.thelamplighters.org</a> <a href="mailto:margie@thelamplighters.org">margie@thelamplighters.org</a>
<b>Portland</b>	24 Hr Hotline 1-800-537-6066 Or 207-874-1973 for local users Emergency shelter	Family Crisis Services Portland 207-650-4806 Support Groups	

Education and training  
Ongoing support groups for victims  
and survivors of domestic violence  
Call the hotline for group details

[www.familycrisis.org/support-groups/](http://www.familycrisis.org/support-groups/)  
[fcssupportgroups@familycrisis.org](mailto:fcssupportgroups@familycrisis.org)

<b>Portland</b>	Hotline 1-800-871-7741 24 Hour crisis and support line Sexual Assault Response Team Services to the homeless Four FREE support groups per year, two for women and two for men. Each group is 12 weeks long for 1.5 hours in the greater Portland area.	Sexual Assault Response Services of Southern Maine PO Box 1371 Portland ME 04104 1-800-871-7741 Office / Hotline	<a href="mailto:infosars@sarsonline.org">infosars@sarsonline.org</a>
<b>Presque Isle</b>	Hotline 1-800-439-2323 24 Hour safe hotline Emergency shelter Legal advocacy Support groups for victims of domestic violence	Hope and Justice Project Presque Isle ME 04769 207-764-2977 Office	<a href="http://www.hopeandjusticeproject.org">www.hopeandjusticeproject.org</a> <a href="mailto:info@hopeandjusticeproject.org">info@hopeandjusticeproject.org</a>
<b>Presque Isle</b>	Local Hotline 207-498-6431 We provide intergrated healthcare services that maximize an individuals potential to recover. Sexual Assault Response services SART program Confidential support groups	AMHC Presque Isle ME 04769 207-764-3319 Office	<a href="http://www.amhc.org">www.amhc.org</a>
<b>Rockland</b>	Hotline 1-800-522-3304 We offer support to people in Sagadahoc, Lincoln, Knox and Waldo Counties affected by family domestic violence. Emergency shelter Transitional housing Legal information, court advocacy Referrals and information Support groups	New Hope For Women 5 Beech Street PO Box A Rockland ME 04841 207-594-2128 Office	<a href="http://www.newhopeforwomen.org">www.newhopeforwomen.org</a>
<b>Rumford</b>	Hotline 1-800-599-2927 24 Hour helpline Safe shelter services Baterers intervention program Community education Peer support groups for victims of domestic violence call hotline for group details	Safevoices Rumford Maine 207-369-0750 Office	<a href="http://www.safevoices.org">www.safevoices.org</a> <a href="mailto:info@safevoices.org">info@safevoices.org</a>
<b>Sanford</b>	Hotline 1-800-239-7298 Each Year we respond to thousands of requests from individuals who are seeking assistance with issues related to domestic violence. Emergency shelter Transitional housing Legal assistance program Support groups: A variety of day and evening support groups offering information, encouragement, hope and strength are held in Sanford,	Caring Unlimited PO Box 590 Sanford ME 04073 207-490-3227 Office	<a href="http://www.caring-unlimited.org">www.caring-unlimited.org</a> <a href="mailto:mail@caring-unlimited.org">mail@caring-unlimited.org</a>

Biddeford, Limerick and Kittery.  
FREE quality childcare available  
All groups are FREE of charge  
See website for times, days and the  
location or ring our hotline.

**Skowhegan**

1-877-890-7788 Toll free  
Local Hotline 207-623-3569  
[helpline@familyviolenceproject.org](mailto:helpline@familyviolenceproject.org)  
24 / 7 Anonymous helpline  
Emergency shelter  
Advocacy and referrals  
Prevention and education  
FREE and confidential support  
groups throughout Kennebec and  
Somerset Counties  
Call hotline for group details

Family Violence Project  
PO Box 3104  
Skowhegan  
ME 04976-3104  
207-623-8637 Main Office

[www.familyviolenceproject.org](http://www.familyviolenceproject.org)  
[fvp@familyviolenceproject.org](mailto:fvp@familyviolenceproject.org)

**Waterville**

1-877-890-7788 Toll free  
Local Hotline 207-623-3569  
[helpline@familyviolenceproject.org](mailto:helpline@familyviolenceproject.org)  
24 / 7 Anonymous helpline  
Emergency shelter  
Advocacy and referrals  
Prevention and education  
FREE and confidential support  
groups throughout Kennebec and  
Somerset Counties  
Call hotline for group details

Family Violence Project  
PO Box 51  
Waterville  
ME 04903-0051  
207-623-8637 Main Office

[www.familyviolenceproject.org](http://www.familyviolenceproject.org)  
[fvp@familyviolenceproject.org](mailto:fvp@familyviolenceproject.org)

**Winthrop**

Hotline 1-800-871-7741  
24 Hour crisis & support line  
FREE support groups  
Male survivors group  
Incest survivors group  
Teen and adolescent group  
Courage to Heal workgroup  
Serving Kennebec & somerset Co.

Sexual Assault Crisis and  
Support Center  
PO Box 417  
Winthrop  
ME 04364  
1-800-871-7741 Office Hotline

[www.silentnomore.org](http://www.silentnomore.org)  
[director@silentnomore.org](mailto:director@silentnomore.org)

**Winthrop**

We provide youth, adults and  
families with effective and  
comprehensive christian faith-based  
solutions to drug, alcohol and  
other life controlling problems.  
Call 207-377-2801 for more details

Teen Challenge  
11 Hudson Lane  
Winthrop  
ME 04364  
508-408-4378 Office

[www.tcnewengland.org](http://www.tcnewengland.org)