

National Association of Adult Survivors of Child Abuse www.NAASCA.org

Note: Please send corrections, additions and updates to: maudnmildred@hotmail.com

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
ALBERTA			
National Helpline	Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.	Childhelp Prevention and Treatment of Child Abuse	www.childhelp.org info@childhelp.org Email support form on the website
Province Wide	Hotline 1-866-331-3933 24 Hour hotline staff can give you local information regarding a shelter.	Alberta Council of Women's Shelters Edmonton 780-456-7000 Office	www.acws.ca/
Province Wide	North Alberta 780-218-5815 South Alberta 587-585-5236	The Action Coalition on Human Trafficking	www.actalberta.org/
Province Wide	Call or Text 1-866-403-8000	Association of Alberta Sexual Assault Services Calgary 403-237-6905 Office	www.aasas.ca/
Banff	After Hours Hotline 403-762-3560 9-5 Hotline 403-760-3200 The mission of the YWCA of Banff is empowering women and their community through leadership, advocacy and provision of meaningful services. Shelter and housing Group programs Domestic violence programs Help with protection orders Court support and advocacy Supportive counseling.	YWCA - Banff PO Box 520 102 Spray Avenue Banff Alberta T1L 1A6 403-760-3200 Office Or 403-762-3560 Office	www.ywcabanff.ca/ info@ywcabanff.ca
Brooks	Hotline 403-793-2232 24 Hour crisis hotline Emergency shelter Crisis intervention Specialized programs for children who have witnessed abuse Court support and advocacy Program for abused adults	Cantara Safe House PO Box 1045 Brooks Alberta 403-362-2766 Office	bdwsss@shaw.ca

supportive counseling
Support groups available
[Cantara House / Brooks and District Women's Shelter | Facebook](#)

Calgary Hotline 403-531-1972
Or 403-531-1976
24 Hour crisis hotline
We provide shelter and community services guided by Native traditional teachings to anyone affected by family violence and abuse.
Emergency shelter
Outreach services
Crisis intervention
Programs for aboriginal clients
Programs for children exposed to violence
Court support and advocacy
Supportive counseling
Support groups
Mondays 5pm - 8 pm
Wednesday 10.30 am
Wednesday 12.30 pm

AWO TAAN Healing Lodge
PO Box 6084
Calgary
Alberta
403-531-1970 Office / Hotline.

www.awotaan.org
awotaan@awotaan.org

Calgary Helpline 403-234-7233
In cooperation with Calgary housing company, we opened our doors to women and their children who had fled domestic violence. Our centre provides a safe stay for up to six months.
Individual and groups counseling
Creative arts based counseling
[Brenda Strafford Centre – A community free from family violence \(brendastraffordsociety.com\)](#)

Brenda Strafford Society for the Prevention of Domestic Violence
Calgary
Alberta
403-270-7240 Office
Centre@brendastraffordsociety.org
[The Brenda Strafford Centre | Facebook](#)

Calgary Hotlines 403-237-7233
1-866-606-7233 Toll Free
TTY Hotline 403-262-2768
24 Hour crisis hotlines
We are here to support individuals and families in their efforts to live free from family violence and abuse.
Emergency shelter
Housing support and advocacy
Public education programs
Clinical & supportive counseling
support groups available.

Calgary Women's Emergency Shelter
Calgary
Alberta
403-290-1552 Office

www.calgarywomensshelter.com
info@cwes.ca

Calgary Support / Info 403-237-5888
SV Hotline 1-866-403-8000
TTY Hotline 403-508-7888
24 Hour hotlines.
We are the primary sexual abuse and sexual assault provider for Calgary and the surrounding areas.
Community outreach program
Education program
Police and court room support
Sexual Assault Response Team
Individual & group counseling
Group - Adult female survivors of childhood sexual abuse, who have

CCASA
Northland Building
Suite 700
910 - 7th Avenue SW
Calgary
Alberta T2P 3N8
403-237-6905 Office.

www.calgarycasa.com
info@calgarycasa.com

also experienced domestic abuse
Group - Male survivors of childhood
sexual abuse.

There is a small fee for our group
counseling sessions. For more
details call 403-237-5888 or email
the address on the right of this page

Calgary Shelter for women and children leaving an abusive relationship
Discovery House
Calgary
Alberta
403-670-0467 Office
[Home - Discovery House shelter@discoveryhouse.ca](http://Home-DiscoveryHouseShelter@discoveryhouse.ca)
[Discovery House Family Violence Prevention Society | Facebook](#)

Calgary Male Survivors Support Group "Rebuilding your house of self respect". This peer led group is a 10 step recovery program. We also offer a virtual group workbook for those unable to attend meetings. An initial interview is required. Call Johann DeWolfe on 587-777-8783 after 5pm or on Saturdays. Group meets Mondays 7 - 9.30pm
Peer Led Support Group
Calgary
Alberta
587-777-8783 Johann DeWolfe
www.malesurvivor.org
jd@tncltd.ca

Calgary Radiance domestic violence out-reach services were introduced for people in the community who have experienced domestic violence. Services: One year residential and six month follow-up counselling program for women(with or without children) who have experienced domestic violence and abuse. The program provides low-cost housing, individual counselling, counselling for children, a life skills group and other relevant evidenced-based programming. Radiance Children's Centre is now open; providing trauma-informed child-care for children who have experienced domestic violence and other forms of emotional trauma.
Radiance Society
Box 30467
RPO Westbrook
Calgary
AB T3C 3W2
403-243-2002 Office
403-705-3474 Counselling
[Radiance Society | Living free from domestic violence](#)
[Radiance Family Society | Facebook](#)

Calgary Hotline 403-266-0707
Our community based domestic violence program offer support to all members of the family.
Emergency shelter
Legal services
Court support and advocacy
Individual and group counseling for men and for women
Group counseling for parents
Group counseling for children exposed to violence
Support groups available.
YW of Calgary
Calgary
Alberta
403-266-4111 Shelter Office
403-266-1550 Admin Office
www.ywcalgary.ca/
ywca@ywcalgary.ca

Camrose Hotline 1-877-672-1010
Local Hotline 780-672-1035
crisiswork@camrosewomenshelter.org
Camrose Women's Shelter
PO Box 1405
Camrose

24 Hour crisis hotlines
We assist individuals and families who are experiencing the effects of family violence and work towards a lifestyle free of abuse.
emergency shelter
Outreach programs
24 Hour community crisis support
Referrals to local support groups
www.facebook.com/Camrose-Womens-Shelter-Society-165288153510410/

Alberta
780-679-4975 Office
www.camrosewomenshelter.org/
admin@camrosewomenshelter.org

Cold Lake

Hotline 780-594-3353
Or 1-866-594-0533 Toll Free
We are an emergency shelter for abused women and or dependant children who are leaving situations of family violence or are in crisis.
Transitional housing
Women's support groups
All services are FREE of charge.
[Stepping Stones Crisis Society - Women's Shelter \(steppingstonesociety.ca\)](http://steppingstonesociety.ca)

Stepping Stones Crisis Society
Box 419
Cold Lake
Alberta
780-594-5095 Office.
[Stepping Stones Crisis Society | Cold Lake AB | Facebook](http://steppingstonesociety.ca)

Edmonton

Hotline 780-423-4121
24 Hour crisis hotline
This website is for those who are ready to take a stand and speak out against sexual violence.
Outreach programs
Individual and group counseling
Group counseling - Adult women molested as children.
Group for women who have experienced sexual assault.
Group - For male survivors of childhood sexual abuse.
Group - Movement therapy and expressive art.
For more details about our groups
Call 780-423-4102 or email us at the address on right of the page

Sexual Assault Center of Edmonton (SACE)
Suite 205
14964 121A Avenue
Edmonton (SACE)
Alberta T5V 1A3
780-423-4102 Office
[SACE - Sexual Assault Centre of Edmonton | Facebook](http://sace.ca)
[Sexual Assault Centre Of Edmonton \(sace.ca\)](http://sace.ca)

Edmonton

Call or Text 1-866-403-8000
The university of Alberta sexual assault center provides a safe space on campus where support and confidentiality are available for those affected by sexual assault.
All services are FREE of charge and no appointment is necessary.

University of Alberta - Sexual Assault Centre
2 - 795 Students Union Building
University of Alberta - Sexual
Edmonton
Alberta T6G 2J7
780-492-9771 Office
[SexualAssaultCentre@ualberta.ca](http://sexualassaultcentre@ualberta.ca)

Edmonton

Hotline 1-780-479-0058
24 Hour crisis hotline
help@winhouse.org
Email Help monitored 7am to 6pm
We exist to further non-violent relationships and environments for women with or without children.
We operate 3 shelters 24 hours a day 365 days a year
Outreach program

Win House
PO Box 20088
Edmonton
Alberta
780-471-6709 Office
www.winhouse.org

Support groups for residents.

Edmonton	<p>Our mission is to provide comprehensive transitional programs for women with children who have experienced family violence.</p> <p>Wings does not have a Crisis Line Call 1-866-331-3933 Toll Free and you will automatically be directed to a shelter in your area.</p>	<p>Wings of Providence PO Box 32141 Edmonton Alberta 780-426-4985 Office www.facebook.com/Wings-of-Providence-366515760138651/ www.wingsofprovidence.ca/</p>	
Enilda	<p>Hotline 780-523-4357 Or 1-866-523-2929 Toll Free 24 Hour crisis hotlines Emergency shelter Next step secondary shelter Referrals for: Legal services, clinical treatments for adults and children, court support & advocacy, and support groups.</p>	<p>Sucker Creek Emergency Women's Shelter. Enilda 780-523-2929 Office www.acws.ca/shelters/</p>	<p>screekwes@gmail.com</p>
Fairview	<p>Shelter Line 780-835-2120 Or 1-877-835-2120 Toll Free Serving abused women, providing residential and outreach services. Emergency shelter Crisis intervention Outreach services and programs Court support and advocacy supportive counseling Support groups available</p>	<p>Crossroads Resource Centre Fairview Alberta 780-835-5550 Office www.crossroadsresourcecentre.com/</p>	<p>crossrds@telusplanet.net</p>
Fort McMurray	<p>Family Crisis Line 780-743-1190 Sexual Trauma Line 780-791-6708 24 Hour crisis hotlines During the mid 70's a group of local families would take in women and children who were victims of abuse and provide them with shelter within their homes. In 1982 we established a safe and secure shelter and set up services to aid victims of family violence. Emergency shelter Second stage housing Early intervention program Counseling for victims of sexual assault and counseling for victims of domestic violence.</p>	<p>Waypoints Fort McMurray Alberta 780-743-4691 Office</p>	<p>www.waypointswb.ca/</p>
Fort McMurray	<p>Hotline 780-743-1190 24 Hour crisis hotline Unity house provides shelter and supportive services to women and children who are victims of domestic abuse. Emergency shelter Crisis intervention Programs for aboriginal clients Programs for children exposed to violence</p>	<p>Unity House PO Box 6165 Fort McMurray Alberta 780-743-4691 Office www.acws.ca/shelters</p>	<p>fcs.ciw@shaw.ca</p>

Supportive counseling
Support groups - New beginnings
group for women
Mens outreach group.

Grande Cache	Hotline 780-827-1791 Or 1-866-957-3776 Toll Free We provide safe accomodation for women with or without children who need a safe place to stay. Transitional housing Advocacy and safety planning Individual and group support Comfort zone- a neutral place where women can discuss any issues that are causing stress in her life.	The Grande Cashe Transitional House Society Grande Cache Alberta 780-827-3776 Office www.acws.ca/shelters	www.acws.ca/shelters teahouse@telus.net
Grande Prairie	Hotline 780-532-2672 clientsupport@odysseyhouse.ca 24 Hour crisis hotlines Odyssey House provides a safe and supportive environment for women with or without children fleeing abuse. Emergency shelter Public education Weekly outreach support group Court support and advocacy Counseling - community members.	Odyssey House PO Box 1395 Grande Prairie Alberta 780-532-1389 Office or 780-538-1332	www.odysseyhouse.ca admin@odysseyhouse.ca
Grande Prairie	Hotline 1-888-377-3223 Sexual assault and abuse can be scary topics. If someone you care about has been sexually abused it is important to get help and info. We provide counseling for those affected by sexual abuse and our sessions are held twice a week.	Peace Country Sexual Assault Help Line 10031 103 Avenue Grande Prairie Alberta T8V 1 B9 780-539-6692 Office	www.pacecentre.com/ askpace@pacecentre.com
High Level	Hotline 780-926-3899 Or 888-926-0301 Toll Free 24 Hour crisis hotlines We offer shelter and counseling 24 hours a day to women in crisis and their children. Providing public education on family violencce to all communities in provincial region 17. Outreach services and programs Court support and advocacy Supportive counseling Support groups available.	Safe Home PO Box 396 High Level Alberta 780-926-2277 Office www.acws.ca/shelters	safehome@telusplanet.net
High River	Hotline 403-652-3311 Our goal is to provide women and their children a safe enviornment that nourishes feelings of self worth. Crisis counseling Education workshops Court support Support groups available.	Rowan House Emergency Shelter PO Box 5121 High River Alberta 403-652-3316 Office	www.rowanhouse.ca/ info@rowanhouse.ca
Hinton	Hotlines 780-865-5133	Yellowhead Emergency Shelter	info@yeswomen.ca

Or 1-800-661-0937 Toll Free
24 Hour crisis hotlines
We provide short term shelter to women and children who are fleeing domestic violence.
Court advocacy
Outreach services
Program for children exposed to violent situations
Programs for aboriginal clients
Supportive counseling
Support groups available

PO Box 6401
Hinton
Alberta
780-865-4359 Office
www.acws.ca/shelters

Lac La Biche

Hotlines 780-623-3100
Or 1-866-727-4073 Toll Free
Emergency shelter
Crisis intervention
Court support and advocacy
Supportive counseling
Support group for domestic violence victims.

Hope Haven Women's Shelter
PO Box 2168
Lac La Biche
Alberta
780-623-3104 Office
www.acws.ca/shelters

haven@telusplanet.net

Lethbridge

Hotlines 403-320-1881
Or 1-866-296-0447 Toll Free
24 Hour crisis hotlines
Community members are able to access our peer counseling service through our Harbour House shelter.

YWCA - Lethbridge and District
Lethbridge
Alberta
403-329-0088 Office
inquiries@ywcalethbridge.org

www.ywcalethbridge.org

Maskwaci

Hotline 780-585-4444
Or 1-866-585-3941 Toll Free
24 Hour crisis hotlines
Legal services
Court support and advocacy
Outreach services and programs

Erminskin Women's Shelter
PO Box 219
Maskwaci
Alberta
780-585-4470 Office

ewsshope@incentre.net

www.acws.ca/shelters

Medicine Hat

Hotlines 403-529-1091
Or 1-800-661-7949 Toll Free
24 Hour crisis hotlines
Our services are available FREE of charge. Serving Medicine Hat and the surrounding area.
Emergency and 2nd stage shelters
Outreach to the community program
Advocacy and community referrals
Support groups - women impacted by violence in intimate relationships

Medicine Hat Women's Shelter
PO Box 2500
Medicine Hat
Alberta
403-527-8223 Office.

www.mhwss.ca

info@mhwss.ca

Morley

Hotline 403-881-2000
24 Hour crisis hotline
Emergency shelter
Crisis intervention
Supportive counseling
Referrals to support groups

Eagle's Nest Stoney Family
Shelter
Morley
Alberta
403-881-2025 Office

www.acws.ca/shelters

Peace River

Hotlines 780-624-3466
Or 1-877-624-3466 Toll Free
Safe, supportive emergency accomodation for women in need and their children. We offer outreach and follow up services.

Peace River Regional Women's
Shelter
PO Box 7738
Peace River
Alberta
780-624-3466 Office / Hotline
www.acws.ca/shelters

admin@prrw.com

Pincher Creek	<p>Hotline 1-888-354-4868 Toll Free 24 Hour crisis hotline We will, in collaboration with other agencies provide FREE safe shelter and support services for women and children who are fleeing domestic violence. Outreach services.</p>	<p>Pincher Creek Women's Emergency Shelter Association PO Box 2092 Pincher Creek Alberta 403-627-2114 Office</p>	<p>www.pcshelter.ca director@pcshelter.ca</p>
Red Deer	<p>Call or Text 1-866-956-1099 24 Hours Call or Text Holine We empower individual, families and communities affected by sexual assault and abuse. Information and referrals Accompaniment to the hospital Support at the police station Crisis and short term counseling</p>	<p>Central Alberta Sexual Assault Support Centre A201 5212 48 Street Red Deer Alberta T4N 7C3 403-340-1124 Office www.facebook.com/CASASCRD/</p>	<p>www.casasc.ca/ casasc@casasc.ca</p>
Red Deer	<p>Hotlines 403-346-5643 Or 1-888-346-5643 Toll Free 24 Hour crisis hotlines We provide safe fefuge for women and children, assisting people to achive their full potential free from family violence. specialized program for abused adults. Supportive counseling and support groups</p>	<p>Central Alberta Women's Emergency Shelter. PO Box 561 Red Deer Alberta 403-346-5643 Office / Hotline generalinfo@cawes.com</p>	<p>www.cawes.com www.acws.ca/shelters</p>
Rocky Mountain House	<p>Hotline 403-845-4141 24 Hour crisis hotline FREE services for victims of family violence. We provide support and referrals to women in the community who request assistance. Women's support groups. Paths of change - 8 week program for women affected by family abuse Drop-in Tuesdays 9.30-11.30 am Or every 2nd Thursday 6.30-8.30pm</p>	<p>Mountain Rose Women's Shelter PO Box 325 Rocky Mountain House Alberta 403-845-5339 Office</p>	<p>www.acws.ca/shelters mrwsa@telusplanet.net</p>
Sherwood Park	<p>Hotlines 780-464-7233 Or 1-877-252-7233 Toll Free TTY Hotline 780-464-7233 24 Hour emergency lines Our community outreach searves residents from Strathcona County. It was designed for people who so not need access to our residential services. Legal referrals Women's evening support group for more details 780-464-7233</p>	<p>A Safe Place PO Box 3282 Sherwood Park Alberta 780-464-7232 Office</p>	<p>www.asafeplace.ca</p>
Sherwood Park	<p>Text or Call 1-866-956-1099 Roots of Healing is a therapeutic group for women who are survivors of sexual abuse or assault. Healing from Hurt is a group for non offending parents of children</p>	<p>Saffron Centre #44 48 Brentwood Blvd Sherwood Park Alberta T8A 2H5 780-449-0900 Office.</p>	<p>www.saffron-ssac.com info@saffroncentre.com</p>

who have been sexually abused.

Slave Lake	Hotlines 780-849-4418 Or 1-980-214-4418 Toll Free We are a non-profit charitable organization dedicated to helping women and children in crisis. Providing information and support Accompaniment to court Referrals to support groups	Northern Haven Support Society PO Box 1433 Slave Lake Alberta 780-843-6391 Office www.acws.ca/shelters	northernhaven@hotmail.com
Stony Plain	ASCA Meeting 1st Wednesday of each month from 7.00 - 8.30pm. suggested donation \$5 Open only to Survivors For location address contact Ivy ascacentralalberta@gmail.com	ASCA Meeting Stony Plain Alberta	www.ascasupport.org ascacentralalberta@gmail.com
St. Paul	Hotlines 780-645-5195 Or 1-800-263-3045 Toll Free 24 Hour crisis hotlines Our mission is to provide a safe, supportive environment and to prevent family violence by helping women and children in abusive situations. Emergency shelter Crisis intervention Abuse education Supportive counseling Court support and advocacy Referrals to support groups.	Columbus House of Hope PO Box 1237 St. Paul Alberta 780-645-5132 office www.acws.ca/shelters support@capellacentre.ca	
Stand Off	We support and encourage women to live free from family violence. Serving all women in the Stand Off area.	Kainai Women's Wellness Lodge PO Box 120 Stand Off Alberta 403-737-2900 Office www.facebook.com/kainaiwellnesscentre/	www.acws.ca/shelters
Strathmore	Hotlines 403-934-6634 Or 1-877-934-6634 Toll Free We provide on going support and services to men, women and children who are affected by family violence. Public education program Outreach programs Support for male victims of abuse	Wheatland Shelter Strathmore Alberta 403-934-6634 Office / Hotline www.acws.ca/shelters wcs.general@wcsab.ca	
Taber	Hotline 403-223-0483 24 Hour hotline, collect accepted We provide emergency shelter, public education and diverse non-judgemental support services for women and children in our community in order to stop the cycle of violence. Legal support Accompaniments to court	Safe Haven Women's Shelter PO Box 4113 Taber Alberta 403-223-0483 Office / Hotline. www.acws.ca/shelters	

women's support groups.

Wabasca

Hotlines 780-891-3333
Or 1-877-891-5322 Toll Free
Emergency shelter.

Bigstone Cree Nation Women's
Emergency Shelter
Wabasca
Alberta
780-891-3905 Office

www.acws.ca/shelters

Whitecourt

Hotlines 780-778-6209
Or 1-800-467-4049 Toll Free
We provide safe, short term shelter
for women in crisis with or without
children.
Outreach support and advocacy
Women's support groups available.
www.acws.ca/shelters

Wellspring Family Resource
Centre
Whitecourt
Alberta
780-778-6209 Office / Hotline

wellspr1@telus.net